INFLUENCING AND BEING INFLUENCED

... a non ending story

Adrian Gabriel Dumitru

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EXAMPLE, WHETHER IT BE GOOD OR BAD, HAS A POWERFUL INFLUENCE

George Washington

INTRODUCTION

Same story ... different results.

Re-evaluation can sometimes create miracles.

In many of the occasions in life, we see everything in a simple dogmatic way.
We are used with different kinds of results and believe that these represents the only case scenarios that can happen.
We want something else, but don't really believe that life can bring us the ... goodies.
We predict the future, according to the past.
But you know, same story, with the same elements can also have a different result than we are used to expect.
We can influence reality ... just by expecting something totally different that we used to have.
For example ... there are cases when the Universe is sending us the same lesson on and on and on ... till the day when we understand that we need to do things differently to get a different result ... and improve everything happens.
Sometimes we are good theoreticians, sometimes we can't even see clearly reality and understand the meaning of the events ... especially the negative ones.
But having optimistic standards can help us break any problem ... and in the end influence the energetic field of any situation, event .. or even the energetic field of other people.
And when i use the term ... energetic field ... i mean the environment itself, with all its attributes that defines everything in a certain way.
I can give a simple example.
I was in a morning in my garden, reading a book.

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I was on a chair, in a specific place from my garden ... and i use to use that place by almost 10 years.
From that point, i see the beauty of my garden in a specific way, but because it was a very hot day, and the sun came in that point, i had to move the chair in a different place from the garden, not to stay anymore in the sun.
I was amazed.
I almost saw a different garden from that position.
I loved it ... but everything was a totally different perspective.
This was a simple case scenario ... seeing even something beautiful, from a different angle and almost believe is something else.
But in theory, and even in practice, we can have even negative perspectives totally metamorphosized into positive one.
We can change the script of any scenario, by re-evaluate everything ... just by expecting of getting a positive result ... the one we desire.
This is how, only by having an opened mind, ignoring the statistical datas from your past, the one that defines the probability of having a certain scenario ... we can actually influence, but also change the reality itself.
And what we define as miracle ... is in fact just changing the believe into the fact that ... life can be also the way we dare to dream.
Truth be told, the reality can be created or even re-created in any way we want it to happen.
All we need to do is to connect to that energetic field, which actually means ... be one with the present moment ... and expect as everything should happen in a specific way that you want.
Even the miracle itself is just a different result ... the one that we had in mind and wanted.
So ... realities can be defined, redefined, but also written in any specific way.
A hollywoodian movie ... has amazing scenes and all the scenes are a telling the details of the story ... so that it will have a powerful message, but also powerful impact on you.

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You connect with the reality of those scenes, but most probably the same scene was filmed by 5th - 7th ... even 15th times, till they considered they had the perfect one.
The same way, certain events could be redefined by us, just by meditating, finding the best solution for that event ... and then implemented in the real life.
And try ... and try again ... till the moment it just happens.
And the life can look like a hollywoodian movie also ... by using the power of re-evaluation, re-defining and keeping an opened mind, expecting all the time positive scenarios for our lives.
We are the creators of our reality ... by conscious or unconscious thoughts ... but in the end we should keep in our mind that what looks like a negative script, might be just a life lesson ... not finding yet the right path in life ... but every scenario can be re written in the way we want it to happen.
The key?! I mean the key of getting out of the labyrinth ... is connecting to that reality ... that energetic field ... and have great expectations from it.
So ... even if you don't know it yet ... there is an art of influencing reality and you can learn it.

Best case scenarios ... can be real.
It's just a decision.
The decision of opening your heart
while acting on the stage of your own life.

It happens i know a story about a couple married by more than 15 years.
The guy was trying to influence his wife in different ways so that she will act in a certain way ... as he wanted.
He had a vision, of the perfect case scenario for his wife, but no matter what he was trying ... he was not seeing that change in his house.
He knew about manipulation.
He knew about the persuasion.
He knew how to apply the law of attraction.
Basically he knew all the tricks ... but no matter what he was trying he was not getting a long term result close to what he wanted.
Actually ... a guy knowing how reality can be influenced ... had no result at all.
He proved himself that he is just a theoretician ... and has no idea about practicing anything what he knew.
But one day a miracle was happening.
They were expecting at their house, a close relative that was coming from a foreign country.
The wife started to clean the house, the garden, the car ... and everything related to them was looking perfect.
The wife even pretended that she loves her husband.

She was speaking to him in such a beautiful way, that for a moment he even thought that his wife started to use drugs or lost her mind.
It was totally illogical what was happening.
All he was expecting to get in all those years of marriage ... one day just happened.
"So .. he said to himself ... i was thinking for such a long time for the perfect case scenario in a marriage ... and i was right.
It can be real.
You probably .. just need to wait.
For my case took 15 years ... which might look as an eternity ... but it worth it!"
But ... the guy was so, so naive.
He was the kind of profile that was reading thousands of books and was living in that imaginary world of books.
His wife did not changed.
She did not care about her husband at all ... and neither about his intentions of living the ... perfect life ... which she actually believed that is only an illusion.
The lady was obsessed about ... what the world in that case her relative that came and stayed for a while at her house ... what is going to think about her.
She was obsessed of creating the illusory perfect scenario ... as her aunt to believe that she is living the perfect life.
More than 2000 years ago, Seneca was telling us about the unseen strange energy of ... what we think that others think of us and its importance.
The same importance ... maybe even more powerful ... you can see it nowadays anywhere in the world.
You will find people that try to influence reality in different ways ... only as one day they will be in the position of living the perfect case scenario ... which is the actually the perfect life they dream about.
But you will also see people obsessed of how the others are perceiving them, their lives and everything related to them.
The obsession itself is to create kind of a personal brand that is

defined ... by perfection.
Has the perfect look.
Has the perfect partner.
... the perfect job.
... the perfect kid.
... the perfect house.
... the perfect vacation.
Etc etc.
Everything runs around the word ... perfect.
But this illusory perfection ... is not just part of a scenario that we present to the world.
... and social media helps a lot for that.
So ... in the end i could say that we just live, like the 2 partners from the story, between the desire of having the perfect life and making the others believe we live the perfect life.
But we always forget, even if we try in so many ways to influence reality ... that life should not be perfect ... or look perfect ... but be ... real.
And if it is something real ... that comes from deep of our hearts ... one day we could realize that we actually live the perfect case scenario.
It's just a decision ... the decision of acting in life with the opened heart.

Don't follow the rules!
... just follow the heart!

I wondered myself many times why the Universe ... God ... Allah .. the Supreme Intelligence ... just choose the name that you prefer ... let the human being have this balance between thoughts and feelings ... brain and heart.
Sometimes is much too complicated and many times we actually don't know what to choose.
Or maybe there is nothing to choose at all.
Following rules ... certain paths ... is the way the human being is living life.
But between the rules ... the dogmatic way of being ... we have certain moments when we let the heart influence our lives.
Let's say we let the heart ... sing ... and do whatever wants to do.
But it's a circle.
After the courage of following the heart, we just come back to the dogmatism ... and choose again the things we need to choose.
No one told us that the rules are made to be broken and we prefer to play on the scene of life just as the others are doing.
We align ourselves to the standards ... forgetting that the only true rule in life should be to connect to the inner self and let it influence the decision we take.
The inner self will be maybe in total conflict with the outer self ... the Ego ... but will send the right sign through the heart.
Call it intuition, connection whatever ... but the answer will be there.

If you ignore it ... if you prefer to stay blind ... this might be also a decision ... but don't really know it a good one.
Life is beautiful!
We should decide only what is the best for us ... the perfect scenarios, and let the heart influence our decision.
Think with the brain ... but always let the heart decide.

Introvert + extrovert = a total mess?! ... or maybe just a different reaction than we thought?!

An introvert is a person that believes is not able to influence the curent reality.
The extrovert is a person that is doing exactly the opposite, trying to dominate reality.
The extrovert ... use the term ... influence ... to sound better, but actually love the word ... dominate.
But what really happens when an extrovert meets with the introvert?!
Who is controlling the scene?!
Well ... of course that the extrovert will start the chapter, will try to run the show ... but after a short time he understand that the introvert, especially if is a lady will not be in there anyway.
She is present physically, but not in connection with the extrovert.
On the other hand ... the funny thing is that the extrovert realize after a while that all what he controls is actually ... nothing.
A scene ... with the extrovert acting in a certain way, specific to his style, but the introvert ... is not a spectator.
The reaction between the 2 styles is a strange one ... difficult to be described.
A total mess?!
Or just a different reaction than we thought about till now?!
I somehow believe that the introvert and the extrovert could be teachers one for another.
One is trying to influence reality too much, the other one is doing nothing in that direction.

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One is trying to over connect and dominate everything in the present moment ... the other one is not connecting at all with the scene of life, ignoring everything happens around.
You see ... sometimes the Universe is sending into our lives ... different kinds of people, even the ones having opposite styles than we have ... just to see other kinds of acting, to keep the right balance about how we feel and act on the timeline of our lives.
So ... in the end i should say that the reaction between an extrovert and an introvert will always be a strange one ... probably no one of them will understand the real lesson ... the message behind the message.
This need of influencing or not influencing an energy field where we activate ... should be kept at a certain level, but maybe this is an art and not everybody is an artist ... not even an introvert or an extrovert.

Controlling reality
.... our main obsession

Karl Pillemer, professor at the Cornel University, tried to find an answer for the meaning of life, by talking to 1200 seniors about what they could say about the subject after living so many years in this world.
It was funny that all of them mentioned that they regret that they spent so much time worrying too much for many things that in fact never happened, or if they happened, it was just a light version of those apocalyptic scenarios.
The problem for us, the ones that are not seniors yet, the ones that we still act on the stage of life in a very active way ... is that we do the same as them.
We worry about the fact that reality is so strange that we actually don't even know what could happen ... in a negative direction.
But we expect as bad things to happen.
In fact we worry so much ... that even when reality is just the way we dreamed to be ... we have the belief that something could appear right away and ruin all the beauty of that dreamed life.
We are obsessed that we can't control reality.
But reality can't be controlled.
The reality ... our own reality in fact ... is the scene where we've been placed by the Universe.
Sometimes i even believe that after the Universe sent us in a specific place and scenario ... smiled and said ... "To understand the meaning of life, you just need to ... survive where i placed you!"

But instead of seeing in everything happens, only life lessons ... we are trapped by negativity.
The opposite, the positive thinking ... is the way out of the labyrinth of the illusions.
There are moments when inside of us there is a fight of the positive and negative elements of our being, but we can't understand that we just don't need to control reality.
If something bad needs to happen, it will just happen.
We can call this ... destiny ... but in the end is kind of a forced path for making us understand the real meaning of life.
A person having cancer, for example ... is somehow forced to stop from anything is involved in ... and forget about the illusory life.
A doctor can save the person that has cancer, but will not be able to say to that person ... you are totally healed and cancer will not appear again.
Most probably that person needs to follow more paths for healing: going to the doctor, read books about spirituality, going to the church or energetic therapy, going to a nutritionist etc etc.
Follow all those paths, but having hope in the soul all the time.
Without hope ... any path should be useless to follow, cause the hope is the deep desire from our souls to influence reality in a positive and beautiful way.
Somehow we must make the difference between the terms "control" and "influence" ... control reality versus influence reality.
The day when we understand that we should not lose our time forcing reality go in a certain direction ... but embrace the present moment ... just the way it is ... that is probably the day when we actually start understanding something about the path of awakening.
So ... forget about your obsession of controlling life ... and start to meditate about the philosophy behind the art of influencing it, which is actually based on positive principles.
... just think about it!

The law of attraction is not for idiots ... so be aware of the way you think and what you think about

I've been studying the law of attraction, its principles, the way we should apply it ... and saw it as mechanism for having the life we really wanted.
But i understood from the early beginning that not knowing how and when to really use it ... can even ruin our lives.
In fact ... is even worst as that.
We actually use the law actually in our daily life ... not even knowing that the law really exists.
It happens i have a dear friend that is actually very good with the energies and even telling me the future.
Every time i am not on the right path ... she smiles and instead of saying that she ironically says ... "You're an idiot!".
I then realize that actually i am not using the law of attraction in the right way.
Naming me "idiot" ... my dear friend actually tells me to re evaluate the situation and pay more attention to my desires.
Lots of times we want to influence reality, but in fact ... we have lots of silly desires ... with no real sense or value.
It's even a balance between wanting totally different things.
Today we want that ... and tomorrow we want the opposite.
A part of us, that part that dominates us in that moment, tells us ... "i want to divorce".
The next day ... something inside of us is whispering, saying ... "Let

me try one more time ... and give a new chance to my marriage".
It's kind of a bipolarity in all of us ... in everything is really important.
The list with similar examples is infinite and this balance between totally different desires ... just ruins us.
Then i understand why my friend calls me idiot ... from time to time.
She sees into the future and knows i am not following a good direction.
She knows i know tricks about the law of attraction and that i am using them to influence reality in a silly way.
Yes ... the law of attraction is a very powerful and interesting mechanism for getting the life that we desire but before even thinking of using it ... we should meditate if the desire itself is something positive in our lives or not.
We should visualize the whole scenario, its implications ... and in the end ask ourselves if we are really willing to pay the price for that dream.
So ... maybe i should mention that an "idiot" is not a silly person ... but a person that is not paying attention to all the details while trying to influence reality.
The law of attraction is a very powerful tool, but maybe the first desire we should have is just to be wise enough while we are using it.
So ... be aware of your desires ... and i am sure that you have lots of desires ... cause one day it might just happen.

The Universe will first smile ... then laugh ... and say ... "So shall it be!" ... a real story about the script of financial freedom that actually took a guy to ... hell, even if everything looked like the perfect case scenario

There are so many stories about financial freedom over the internet, that you might fall in love with the idea.
People from all around the world will tell you all kinds of stories like that.
I even know a guy that is charging 10.000 usd for seminar of 3 days, telling you his story about how he succeeded to buy 1.000 houses.
In fact he charges so much, because is actually telling people the secret about how can someone influence reality for getting such a huge real estate success as him.
But it happens that i also know by a very long time a guy that after 20 years of intensive work, working directly with more than 10.000 clients, losing his mind and all the energy with all those people, decided to invest all his money into real estate ... buying 30 properties and then retire.
It was a very simple plan for financial independence ... cause every day a tenant would pay him for the rent.
One day ... one more payment for his pocket ... which was actually the perfect case scenario for financial freedom.
The guy could not even spend the money.

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He used to be very modest and sometimes being so busy, he did not even had time to eat ... so he was wondering ... "what could i do with with all those money?"
He was reaching the life of financial independence.
But believe it or not his life as a rentier was more complicated, as he thought.
One house had problems with water, one with electricity, one with the swimming pool, one with the air conditioning etc etc.
Basically ... everyday was something happening, so the big change was actually no change at all.
It was an exchange with a different model of business ... but it was no real change for his life to a model of being more relaxed.
The financial independence actually took the guy to ... hell, even if everything looked like the perfect case scenario for a new life.
So ... like this guy, it also happens to us that we want to change reality with one that might look like the perfect one ... but ... sometimes the Universe is just laughing of us.
There is no perfect case scenario.
Life itself can be split into different chapters ... but all of them can be the perfect ones if you really know to appreciate the fact that you are alive.
Influencing reality, following a path to a different scenario ... if is really the path for you ... it will work and will make you really happy ... but if is not the path destined to you ... will just not bring the goodies.
Perfect case scenarios are just theories.
In many cases ... the real life ... the one that you live now is actually the best script for you.
All you need to do is just connect to it and enjoy it!
If not ... the Universe will first smile ... then laugh ... and say ... "So shall it be!"
... and all you will do is just exchange a type of life with a similar one.

Not the reality makes you unhappy ... but the way you see reality

One day ... I was on the street.
Was walking.
One dog was close to me, but also close to 2 boys.
One was saying ... "wow! Is scary! This dog can actually eat us right away!".
The other boy, the little one, was saying ... "What a beautiful dog! I want to hug him!".
On the street, around us, it was only one dog ... defined by the 2 boys in totally different ways.
I was watching the dog and could not know which of the 2 boys to believe.
My opinion about that scene was influenced by 2 kids ... and i was actually wondering which one was right.
Then ... i realized ... that if 2 little boys could create this balance in my mind ... about defining a dog ... how many other times in my life, i was probably influenced by the others regarding what i thought that was ... my reality.
Actually my reality ... was what other people thought ... not my real thoughts or ideas.
Depends a lot from which point of view we see the scene of life and if we have the gut to be at least neutral regarding reality.
And in many cases, we end up believing that reality can make us unhappy ... not the way we see it.

But the way we see it ... is many times influenced by many, many people that live in the same energetic field with us.
So the unhappiness itself is actually induced by the opinions of the others, opinions that actually are not filtered so well by us.
And this is how we live with the illusion that we don't live a beautiful reality and even that we need to exchange it with something else.
But no one bothered to tell us that instead of trying to influence and maybe even completely change the way we live ... we should just change the perspective.
Redefine in fact ... our thoughts.
... and also realize the influence of the others on us ... allow them to do that ... or not ... and why not just remove them from our lives.
Sometimes ... the influences could be a good one.
But in many cases ... we need to open our eyes and pay attention at everything is going on.
The game of influencing reality, but also the one of being influenced by the others ... will be a non ending story.
We should not be happy or unhappy because of the scene from the present moment.
Pay attention to all the details from life ... cause sometimes things are a little bit more complicated as they might look like.

Zoom in - zoom out ... and then you will understand how we can actually influence reality

You might have a fabulous car, but a small scratch on it ... will really annoy you.
But the car still looks amazing.
The others will not even notice the scratch, but only remembering about it ... will just fuck your vibe, which actually means that will influence your state of being in a negative way.
So ... the whole picture with the car is great ... the car looks fabulous, but with the zoom in technique, analyzing all the details of the car ... the scratch will be found, analyzed, dramatized ... and in the end destroy the image of the amazing car.
That was a simple example of practicing the zoom in - zoom out technique.
The huge problem when we start to define us and work with this amazing technique ... is that somehow, not really knowing all the details about how to apply those methods ... we remain blocked on the "zoom out" mode.
We see a "scratch" ... any kind of small negative element from our lives, we analyze it and we zoom it in... amplifying all the details to a level where it all might look like a disaster.
The zoom in way of analyzing can be actually used to easily find out what is not working properly in our lives.
The life itself, same as the case with the car ... can be a great one.

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Finding out the things that are not working properly, fix or totally replace them ... and then zoom out again ... that should be the path.
But we became too ... hypersensitive ... and we pay too much attention to minor details.
We can't understand anymore that if ... overall things are ok ... that is all it really matters.
We should not identify ourselves... as souls ... with all the details we see.
Defining ... analyzing ... is great.
You understand better your life, your path ... your way of being.
But identifying with any kind of detail is ... probably wrong ... cause in many cases we see only the negative elements and the influence itself can be mainly negative.

A small little house or a mansion?! Which one will influence more your state of being?!

My question is ... the house where we live can really influence our lives so much?!
Why people are paying so much attention and spend so much money when it comes about the house?!
Can a house make us happy?!
Is really the house ... the energetic field where we live ... or the story is a little bit more complex than that?
Well ... you can have an amazing house and be unhappy even if you stay in there with your wife and kids and everything might look perfect from outside.
Or you can have a simple house ... stay there with the soul mate and actually be the most happiest person from the whole world.
But i wonder myself, after discussing about this 2 scenarios ... what would you choose?!
The small house or the mansion?!
How do you keep the right balance between the needs of the soul and the desires you have as a human being, that are actually influenced by the philosophy and standards of other people?!
What is more important ... the soul ... or being at the standards?!
What path we should follow?!
Should we look for material greatness and want for us a fabulous house ... or pay attention only to the details that really make us happy?!
Well ... i know one thing for certain.

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I saw over the years, even friends of mine, that were having amazing houses ... but where totally unhappy ... and i also saw couples in very simple house ... and they had an amazing relationship.
So ... is the beauty of the house influencing a lot our state of being?!
Or is just a decision ... to be able to live in any kind of environment, but let yourself influenced only by the spiritual side of life.
We see reality in a certain way ... but we should pay more attention at what is really important in life.
So ... who is really defining the energetic field from your house ... the house itself ... or the people that are living in there?!

Truth be told ... we'd love to control all the ones around us ... but we fail even controlling ourselves

Yesss ... we like ... most of us ... control reality.
And that means also control even the people from our lives.
But ... we name this ... influencing them.
Sounds quite motivational.
And we do it so often, that everything becomes a way of acting on the stage of life.
We expect as the others to respect the script we had created in our mind for the curent reality.
And ... the next second when the expectations are not really happening in the way we wanted them to be ... we just lose our temper.
We totally dislike we can't influence in a real way ... not the present moment itself ... but long term events ... actions etc.
We still hope that if influencing reality did not worked ... we will still find a way in how our scenario will happen.
Don't even think so much, when actually ... influencing ... is becoming in fact ... a real manipulation.
And we start to find ways of controlling everything and everybody, being obsessed about that.
But one day ... having a moment of mental clarity ... we actually have a shock.
We realize we can't control ... not even ourselves.
Not even in simple things.

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We are trapped in a cage ... where the things are happening just in a specific way ... the statistical one.
There is a clear statistic of how we act at the job, at home, when we are at a party, etc etc etc.
There is a clear definition for everything in our life and the predictability is actually describing the cage of statistical data where we live in.
But ... the Universe is still smiling at us ... and is giving us a clue.
You realize that manipulating the others is not the key ... not even trying to influence them in any possible way.
Maybe the only real solution ... if we try to influence and also control someone ... is do it with ... us.
Mastering ourselves and forgetting about the obsession of controlling reality becomes in fact a better way of living the present moment.

Influencing reality ... versus ... embracing reality. Which one do you prefer?!

During this lifetime i had so many dreams and goals ... and I've been reading a lot about how i should accomplish them.
But it was quite funny ... in many occasions ... after the desire was accomplished... i had a moment of clarity and saw the stupidity of those desires.
I was working so much to influence the scene of my life ... till i got what i wanted, as in the end to see ... that i was only following a pathless path.
I was trying to influence and change my own life, not being satisfied with my condition from the present moment.
I thought that having the desire as part of my life ... will actually bring me the happiness.
But ... it was just a silly thought.
I've been studying the law of attraction ... and somehow i did not understood that i should pay a huge attention to what i really want for my life.
We all have desires ... but we don't really know to filter them.
Some ... are not even our desires.
It's just a reaction and actually a projection in our life ... of what we had seen to the others.
We've seen that in the real life ... on social media, in books or newspapers etc etc.
But the desire itself was not coming from inside of us.

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We've been somehow influenced by the others and followed a path that was not meant for us.
At the end of the pathless path ... we realized we need to consult our soul ... and have a clear and honest conversation.
"What do you really, really want?!
What can i do for you ... my dear soul ... to make you happy, cause i know that if you are happy ... i will also feel happy?!"
You see that the end of the pathless path goes ... to your soul.
It's not that the reality is wrong ... and we should embrace it just as it is ... with not so, so many desires as we have nowadays.
A life influenced a little bit more by the inner self ... not by the Ego .. the one that is so connected to the standards of the modern society.
So ... somehow we should decide of how we spend the energy we have for influencing reality ... or we just embrace reality ... and take the energy from there.
How should you influence the ocean ... when you are on the beach?!
How should you influence ... but also why should you influence the forest?! ... when you are in the middle of it ... and hear the songs of the birds.
What do you do in those cases?!
You just embrace reality and enjoy it.
But what if you do the same in the daily life?! ... at the job, at school, at home ... just everywhere you are.
In the end it all becomes a decision of what you actually prefer.

If you construct something new using old elements it will be even more authentic ... but you need to keep the right balance between old and new

I am passioned of houses.
In fact i love houses.
Houses are my life.
I once asked an architect how can we integrate a ruin into the architecture of a new building and she made me understand that using old elements will make the architecture even more authentic.
But my next deep question to the beautiful architect was ... "Tell me ... my dear ... what about the "ruins" from our soul?! How do we integrate them in our lives?!"
She smiled ... cause she knew what i am talking about.
I showed her a photo with a ruin ... and suddenly she understood everything about my soul.
The ruin itself ... was me.
I was trying to rebuild my soul.
I was doing huge efforts to influence the curent facts from the reality ... so that i can rebuild a new life.
I really wanted a change ... but there were so many things to be changed that i started to ask myself where should i start from?!
Should i keep the ruins from my soul ... cause i had such a strong background with so, so many events?!
It was a balance in my thinking.
Can we see life the way we see the architecture of a building?!

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Well ... how easy should be life ... if i could become the architect of my life?!
Plan, implement and influence all the events.
Should be fantastic.
But is it really possible?!
I was speaking with myself and the architect ... in my mind ... but could not find the answer.
Then ... i realized i just needed to continue life ... no matter what is really going on ... and not really care if i can influence or not reality.

"OMG! You look like a princess and i am looking for a fairy tale by years. What shall we really do ... my dear?!"

She had the look of a princess.
It was almost too late for him to totally redefine his life, but he was still dreaming that life can be a fairy tale and in case this is not possible ... he could manage a parallel life with a beautiful princess.
He actually believed that fairy tales can be real.
Not as simple fantasies, but as love stories ... camouflaged into ... love affairs.
He was always agreeing with Freud that wrote a nice theory for all the ones that don't agree with morality.
You see ... Freud was believing that rich people from the beginning of the civilization invested money in a new philosophy of life ... called morality.
They were the first sponsors of the religion ... the one that was trying to promote morality.
The meaning of morality was to protect the rich people ... their material goods ... their wives, their children ... their everything.
So the guy, having protection from his friend Freud ... was thinking of a new theory about how to become happy, if in fact we can't really change in any way the real life.
He accepted ... not actually embracing ... but only accepted the real life just as it was.
He came up with the trick of a mistress in a parallel world.
Believed that he can actually live in 2 energetic fields ... one that needs to be accepted for karmic reasons and one reality where he can

feel alive.
A reality ... influenced by all his fantasies.
Was it moral?!
Well ... all the people around him were saying no .. but understood that karma was playing around with him ... sending the guy in a reality that looked like the perfect one ... but in fact there was no real happiness for him in there.
The only escape for him was just the decision to live in a fairy tale ... even if it is a parallel world story ... with a mistress ... and i believe that it's too much to judge a person that is accepting reality ... daring in the same time about his dream of being happy.
I also believe that Freud was too abstract even for the nowadays society ... but to really understand life ... and in fact the human being ... we need to keep an opened mind all the time.
No boundaries.
The need of fairy tales ... can be found in all of us ... i mean all the courageous ones.

What if rejection is just a test?!
What if ... NO ... actually means ... YES?!
How do we really manage the influence of our emotions in front of the rejection?

She looks at him and says ...
"You are just not my type of guy.
I'm not feeling attracted by you!"
He smiles and replies ... "Good bye!"
"Bye" ... and she leaves.

I saw the scene with my eyes.
I could not believe it ... that she had the power to tell him that and could not understand his calmness.
But what i did not know was that the guy was working in sales for years.
He even did phone sales.
He was getting one client of 2 phone calls.
When someone was saying him ... "Fuck you!", "Don't want to hear what you have to say!", "Never dare to call me again!" etc etc etc ... he was smiling while replying ... "it was a real pleasure to speak with you, sir!"
So ... the rejection itself ... was accepted by him just as part of the script.
He knew that his statistics showed that the next phone call will be a new client.
He realized long time ago that the coin has 2 sides ... and accepted

things just as they are.
His power of influencing was huge ... cause i knew him by such a long time.
Getting one client from 2 phone calls was a tremendous success.
Inside of him ... he was laughing of the girl that rejected him.
They met one time and she disliked that he left earlier ... and even if he named him "egocentric" ... he realized that after telling her that the whatsapp picture was not representing her ... she exchanged it with a very beautiful one.
He influenced her ... so?!
So the question was ... what if ... NO ... actually means ... YES?!
Knowing to deal with rejection, made him see the other side of the story.
Maybe she wants ... but is not ready yet ... or maybe she is just ... afraid.
The influence on her with the whatsapp picture was happening in an unforced way ... so if an ... yes ... might appear ... she would probably reappear on the scene of their story ... by herself.
In a love story ... all the things ... even influencing the story to a certain direction ... must come without forcing anything at all.
He knew that if it's actually an yes ... he likes her and he will embrace the answer and if it's actually a no ... it's just not a path to follow in life.
So ... just let everything come by itself.
Influencing reality is part of our behavior cause we actually want the things to happen in a certain way ... but you see ... love stories have a different algorithm.

There is no perfect circumstance
... or if it is one ... that's your current reality

It happens i have a friend that i chat with him all the time about philosophy, but also about ... women.
He strongly believes that you can find the perfect lady ... only and only if you are part of a certain environment.
That means ... have a specific circle of friends, go in certain coffee shops ... or restaurants ... or clubs etc etc.
Basically he believes that you can meet the perfect woman ... just in certain circumstances.
But i use to walk a lot, sometimes in the city center, and i see lots of beautiful ladies in there.
In fact i see so many ... that i wonder myself ... how the hell can a free man make the selection?!
What should be the real criteria for that?!
I also have a theory ... and my friend is always laughing of me hearing it ... that if it is to meet her ... you can even meet her at the supermarket, while buying eggs and mineral water.
Of course you already understood that me and my friend are not teenagers anymore ... but we still dream like the guys of 16 ... at the perfect fairy tale with the most amazing woman from the universe.
... both of us!
Is it natural?!
I believe so ... and is our fundamental right to dream about anything we actually want.
On the other hand the truth about how you can actually meet the

perfect partener ... is somehow in the middle.
We sometimes need special circumstances, but if is to happen ... it will happen anyway ... anywhere.
It is in our powers to influences some of the circumstances ... of the curent reality ... but life is so strange ... so difficult to be understood that ... without the agreement of the Universe ... certain paths will come only at a certain time ... or maybe will just never come.
We should probably keep in mind just the concept of the perfect partner ... repeat it as a mantra from time to time ... or even pray for it.
The law of attraction is available even for love stories ... not only for money or other silly desires ... so ... ask ... believe ... receive.
And yes ... the meeting can happen even at the supermarket ... but forget to mention that you need to be a lucky guy for that!

Influencing reality ... just by expecting great things to happen

The truth about the truth is that we don't really understand the power of our minds.
... but first, let me tell u great story for better understanding this theory.
It looks like there were 2 young businessmen.
They were pioneers of the Internet and somehow without actually knowing so much about business, founded a new company together.
They started to have clients, but somehow things were not so great as they expected.
But one day ... another young guy, who actually was a client of the company ... became partner with them.
They were 3 now and expected as because of the infusion of financial capital, the company to have a quantum jump.
And this is actually what happened.
Started to have hundreds and then thousands of new contracts and it all became a huge financial success.
They had 4-5 times more employees and were expecting to grow more and more.
But, not really understanding what happened that the company changed so much, the 2 partners that founded it, started to daily chat about the fact that the 3rd partner was doing ... nothing.
He was actually buying to the employees from his own money ... the greatest pizza from the city, was making jokes with them, was the dj of the company, cause they were listening music in there all the time etc etc.

But ... he was not doing anything for the company, in a regular way ... as talking to the clients, taking care of the projects ... and so on.
One of the other 2 partners was dealing with hundreds of small clients and the other one was dealing with important clients.
They had lots of things to do ... from the morning to the night ... and was quite frustrating to see their new partener ... not helping them with anything at all.
But the new guy ... was actually a person that was meditating a lot, knew about the law of attraction and how it can be used in a company for bringing huge amounts of money ... actually knew everything about bringing abundance ... by the power of his mind.
The other 2 guys were blinds.
They never paid attention at how the company was before this guy came to them ... and how it became after he entered as a partner in a company.
Later on ... they split the company in 2 parts and the expert in the law of attraction followed another path.
Only years later ... one of the 2 founders of the company understood the power of that influence from the 3rd guy ... just by using the power of meditation.
He was influencing reality ... just by expecting great things to happen.
It all looked like he was doing nothing ... but for a huge success ... working was not enough.
The 2 founders worked a lot before he came into the company and worked a lot after he left ... but that tremendous success never came again to them.
Maybe it was just a coincidence ... but i think we should try meditation ... at least as an experiment.

The huge power of internet. Is it a positive or a negative influence over our lives?! Well ... don't know what to say.

I've been involved even from the beginning in the internet business. The influence that the Internet has had in our lives is really wide, it has managed to insert itself in every space where each person develops, from sharing a moment with a friend, with a partner, with the family, with the workgroup, sending photos via instant messaging to ordering a pizza or buying a phone.
Weather good or bad ... the Internet can influence lives.
Things evolved so much, that when we say internet, we actually think about our mobile phones.
But i wonder myself why a guy as Steve Jobs, which could be named as one of the fathers of smart phones ... why he did not let his kids use those phones?!
Well ... i believe because they somehow get our full attention and makes us be absent from the real life.
All around, where you should look ... you see everybody totally connect with the mobile phone.
Is actually an extension of the body ... and almost can't survive without it.
Recently i've been in a short vacation.
I prepared everything 3 days before leaving, so that when i am away no one to disturb me with urgent issues.
I actually arranged everything except one thing ... to pay my phone bill.
I arrived in vacation ... i slept ... then woke up... i was drinking my

coffee and instead of enjoying the nature around ... i opened the internet ... but surprise.
It was not working.
They cut it, because i forgot to pay them the bill.
The Universe was arranging things in a beautiful way ...so that i can stay in my short vacation to totally relax ... with no internet.
But i was ... mad.
How the hell could that happen?!
I realize in the next second that even if i don't smoke, don't drink alcohol, don't use drugs ... i still have a huge addiction and i can't survive without being connected to the internet.
It became something similar with the air.
We can survive for one or 2 days without eating ... but waking up with no internet around ... should be like hell.
Have we arrived in a strange era?!
Is it dangerous having this strong connection between technology and the human being?!
Well ... too many questions.
For the moment ... i just laugh of myself.
I thought i was mastering all my behaviors, that i have no addiction at all, that i am on a path when i understand but also influence the life only in the way i wanted ... but ...

Just keep the right balance between influencing and being influenced

We are so influenced by the world around us ... but also influence it if we are connected with the present moment.
And i keep wondering myself if this art of influence and being influenced is not one of the main lessons of life.
But we are not paying attentions to the details and having a mix of ignorance and arrogance ... we just ignore what is going on.
And guess what?!
The path of life, that we follow ... the one that we believe ... is a path decided by us ... just change its direction depending of the meaning and the intensity of that influence.
Truth be told ... being influenced is good sometimes.
We need that ... but we just need to see and analyze properly the values of that influence.
The probability of not being the right influence always exists and we should not ignore this detail.
Also ... influencing the world around us ... with positive or negative energies depends a lot by the frequency where we are at that moment.
And we should keep in mind that the world needs the positive influence ... cause it is enough of negative interactions all around.
What i want to say ... is that we need to somehow filter all the time ... the way we influence, but also the one of being influenced.
We need to use our conscience all the time, and be aware at this non ending process.

Adrian Gabriel Dumitru

INFLUENCING AND BEING INFLUENCED
... a non ending story

A life of a kid playing football, loving this sport and believing he can be a great football player ... can be influenced in a totally negative way by his friends laughing of his dream.
The dream itself can be dissolved little by little or even in a second.
The right partner in life, can help an individual to keep his optimism in all the difficult moments.
... or lose his positive energy.
We want it or not, the influence exists ... in and out of us.
Learning the art of influence is a ... must.
But also keeping the right balance for this process ... is extremely important.
We need to keep our inner spirit alive ... probably through solitude ... so that we always have the best inner guidance.

The perfect scene.
The best actors.
But is this the trick of
getting the real connection?

We were at the restaurant ... very close by the table where an nteresting guy and his beautiful partner, a real lady ... i should say, were enjoying the beauty of being tother.
A bottle of wine, 2 glasses, a cake ... fabulous music ... the perfect scene for seducing her.
We were discussing philosophical issues, mainly how the reality is actually influenced by different factors.
... i mean ... influenced in a positive way, so that the atmosphere to be fantastic.
We were drinking our coffees and suddenly looked to each other ... cause we understood that the guy next to us ... knew much more about influencing reality as we knew.
The fabulous wine ... that tasty cake ... the music that was actually talking about ... love ... were all generating an energetic field ... the perfect environment for ... a perfect date.
I knew very well the theory.
A younger friend of us ... told me long time ago ... "If you want to seduce her, just go to a beautiful restaurant ... spend money without being afraid that you will not succeed to seduce her ... and then she will be yours".
It was a great ... trick ... and it really work, because i was watching the smart guy and that beautiful lady.

INFLUENCING AND BEING INFLUENCED
... a non ending story

They were not a couple ... you could see that, but they were feeling great together.
He was a guru of influencing reality ... and me and my friend could not believe than even that we studied so much the subject ... we actually never implement those tricks.
Then the waiter came.
275 dollars ... a bottle of wine and a cake.
You find it expensive, isn't it?!
Well ... i thought so too ... but i was then comparing to how much money people are paying to the therapist ... just to get rid of unhappiness ... not for feeling great ... just to somehow remove depression.
The couple left the restaurant.
My friend, the one i was with, starts to tell me about his date from last week.
He was in the same park, where the restaurant was ... but he was walking with the lady he was dating with ... and then they stayed on the bench for about 3 hours, talking and enjoying the view of the lake.
Guess what happened?!
Well ... i am laughing of him, cause he knew the trick of spending 275 dollars on a bottle of wine and a cake ... but he preferred to ... the old way of connecting to a lady.
My friend failed. He tried the natural way ... and failed.
I would even define him as a loser when it comes about acting on the stage in a love story.
But ... then a moment of awakening appears for a second.
So ... after the restaurant, the guy that was next to us ... seduced the lady.
My friend, staying and admiring the lake, while trying to connect to the soul of that beautiful lady ... failed.
But the question is ... what happens with the guy from the restaurant ... after the magic of that perfect scene, induced by the few intelligent artificial elements ... disappears?!

Adrian Gabriel Dumitru

Well i start to believe that real relationships should be based on natural circumstances.
In the beginning is important to find the connection, not by inducing it ... just by finding if it exists or not.
You don't need the perfect scene to be happy.
You don't need to be an actor to influence reality in a way that will generate the script of a hollywoodian movie.
Just be real.
Let everything come by itself.
See first if there is a connection between the 2 of you and then ... the perfect elements of the scene from the love story will appear by themselves.

Well ... i just don't like my life.
What the hell can i do?!
Would you give me some tips & tricks?!

It happens i have a dear friend that was in jail for a year, in a prison close to Paris.
He told me the whole story.
First week, in the basement from the Police of Paris ... was horrible.
But ... after this week ... he was transferred for a year to another prison ... where life was ... fantastic.
I was listening to him and could not believe it.
Actually he was from a very wealthy family from France and things were arranged as even if he will stay in there for one year ... to be treated as a prince.
He could order to eat anything he ever wanted.
Ask from time to time as his wife to visit him.
He was playing poker, mini golf, football.
He was living one year of relaxation.
After a while he realized he is not stress anymore, as he used to be in the past because of his curent businesses.
His brother was taking care of everything and somehow he was having a forced vacation, but everything was great.
My friend ... had a very powerful ability to readapt in any condition.
Of course, that he was lucky enough cause his family could arranged the things so that he can have the best treatment a prisoner could have.
But still ... he was in jail.

INFLUENCING AND BEING INFLUENCED
... a non ending story

Lots of people are living in a free world, they have all the possible conditions they could have ... but ... still they can't adapt not even to those perfect conditions and ... just enjoy it.
If you ask them ... what is missing from their lives to be happy ... they would not be able to give you a straight answer.
It's silly ... cause we don't even know why we are unhappy.
We can't find any trick at all ... to influence life for a better reality ... but many of us ... not even thought of the idea of tips and tricks.

The looking of a powerful person
... but a mind of a scared to death person

Today i believe reality is just a perception.
I can see it as something beautiful ... and the same scene could be seen as something negative, by all the others.
It happens i met few weeks ago an interesting guy that i chat with from time to time.
First time when i saw him ... i got scared of him.
He looks so scary, that laughing a little bit with him ... i said ... "Please don't beat me".
He smiled.
He was scary, but knew also to smile.
I am not scary ... but i don't know to smile.
He used to be a bodyguard in London, for more than 10 years ... for very important persons ... politicians came from other countries, princes and princesses from rich families from Asia or Africa ... and lots of others important people that came with different reasons in UK.
He told me all kinds of strange stories from his professional life from there.
Every time, after he finished a job he was starting a process of erasing all the informations of what he saw.
He explained me that he always wanted to split the professional and the personal life.
But ... it was quite funny that every time we were discussing something ... he saw the worst case scenario in what we discussed about.

As a bodyguard, he needed to be optimistic, but also keep in mind all the time ... worst case scenarios.
The problem today ... for my friend was that he was seeing the dark side in everything around us.
He was big as a mountain, but scared to death as a kid who watched a scary cartoon movie.
He was not a body guard anymore, but even if he tried so much, for so many years to erase the informations from his professional life ... the influence was huge.
The damage was done ... in his way of thinking, analyzing, defining ... but also living the normal life.
I could not believe ... that a so powerful guy ... could get scare of any element from life ... and somehow create a script .. about how that element, even if is so unimportant, is being able to create a ... catastrophe.
And so, so, so many others are doing the same.
Even if they look so strong ... their minds mix all the worst case scenarios with the real life ... believing and expecting bad things to happen.
We do not understand we need ... positive influence for us.
Negativity is everywhere ... anyway.

The dogmatism ... is just not letting us live the life we should live

I have a dear friend of 20, from the far away India, that is always remembering me by the religious and moral rules of life.
I actually hate the dogmatic thinking, but i believe that even refusing certain ideas, just because you simple don't like them ... can be defined as dogmatic behavior.
The problem of being influenced by what society thinks about certain things is huge.
But how we learn what is this world about?!
Well ... first ... we get informations about what is going on in here ... from the family, friends and all the people from our lives.
Later on ... instead of accumulating so, so many informations ... we should just experience life.
What i am saying is that we should make a switch and try to not see life throw the eyes of the world but just experience the world.
We are influenced a lot ... which if we are lucky enough and get positive influence from the others ... is good, but ... usually the influence is not all the time positive.
So ... what we should do?!
Well ... i think for a while ... we should also experience life without dogmatism and even without morality, cause this last one is a chapter from the book of dogmatism.
Just experience ... everything you want ... even bad things.
You should not let yourself be influenced by nothing ... and by nobody.
Let yourself ... be wild.

Adrian Gabriel Dumitru

In fact ... just be yourself, the one that the inner soul is telling you to be, not caring of what others might think of you and your behavior.
Dare to experience that ... just for a while.
It will open new perspective for you.
Dogmatism is good for a while.
Applying morality ... the same ... but we need to see the beautiful and the dark side of life to understand what life is really about.
Enjoying experiences of any kind ... will help us evolve from the spiritual point of view ... even if it might look as a something strange.
What else should i say ... except the fact that we should dare to be ... wild ... even if this will take us out of the usual standards of the human being.

The change should come ... from your attitude

I was in the oil station, waiting to pay.
The lady was so slow ... that i became annoyed of her.
I could not believe i had to wait so much.
My reptilian brain was almost activated and wanted to tell her: "Fuck you! Who the hell hired you in here?! I never met such a slow person as you!"
Just before opening my month ... something inside of me whispered ... "Please be calm and be nice to her!"
I was arguing during my lifetime with hundreds of people ... so one more person ... was nothing.
But ... i was thinking ... maybe we should never meet again ... so who cares?!
Something calmed me and instead of speaking in an ugly way to her, i've been just ironic ... saying ... "Have you ever thought of changing your job?! Maybe something related to arts?!
Painting?! Sculpture?! ... something as that.
In art ... you never need to hurry.
You should be really good for that ... cause it looks you never hurry, even if so many clients are waiting in here."
She became annoyed of me and could not believe i was talking like this to her.
I actually wanted to wake her up and i am totally convinced that there were lost of people into the past that spoke to her in a totally un respectful way if this was her real way of serving clients.

But i was glad that instead of speaking ugly i was just ironic.
I was glad because it was a small prove that i am not so connected anymore with my silly reptilian brain.
I am not acting in a proper way ... but still ... i am on the good path.
Then ... after i left the oil station, i had a philosophical question in my mind ... what the hell is the meaning of those one time meetings ... for me ... but also for the lady?!
What is the real influence on our lives?!
Is it just a nonsense?!
The real answer did not came yet to me, but i understood that change should come ... from our attitude ... and this was something to think about me, but also the lady.

Immoral acts reveal ... hidden desires

A friend of mine from UK, has a very interesting story, that somehow redefines the way we should see immortality.
I speak with him on the phone 2-3 times a year, but in the past we used to spend lots of time together.
He is what a woman should define as ... a real playboy.
He loves women ... adores them and could not imagine life without them.
He has an addiction for beautiful ladies ... especially for the young ones.
In the real life, he has a beautiful wife, 2 amazing kids, a gorgeous house and an amazing car.
He actually has the perfect life ... but still inside of him is this strange addiction for other ladies.
He never considered this as being an immoral thing.
But today, my dear friend ... felt himself trapped into a love story ... with an amazing 20 years old girl.
He started to be afraid that the story will influence him and he will leave the perfect life he has at home, until he found a new trick.
He spoke with a friend of him, and then he tried to convince her that they should have sex in 3 ... him, his friend and her.
She refused, but in the end ... because he asked her for so many times, she said yes.
The next moment ... he considered she is not anymore that special woman that he saw in such a beautiful way, for such a long time.
He was explaining with so many details ... that even if she is so beautiful and she likes her so much ... he feel released ... and does

not feel anymore that huge influence of switching the perfect life from home with the perfect life with the young lady.
It was quite funny.
The guy had 2 perfect lives ... and was actually afraid that he will abandon the wife and kids because of the adventurous love story he had now with the other one.
The trick ... of "sharing" the young lady ... somehow saved him and he was happy explaining me that he is safe now.
On the other hand ... all those immoral facts defines hidden desires, very difficult to be understood if we are not honest with ourselves.
Why is my friend still cheating his wife when he already has the perfect life?!
What are the reasons that influenced him to do this?!
But also ... why he runs away by that perfect life with the amazing 20 years old girl ... and used such an immoral trick to save himself?!
Maybe ... he has an addiction for perfect case scenarios, but in the same time is scared of them.
And the Universe is laughing behind his back and introduce him only ... in perfect stories.

Even the humans have a "pedigree" ... but a mental one

He was talking with a friend, telling him that he was dating with that beautiful young lady.
He was amazed of her ... but his friend not wanting to disappoint and also not offend him ... was listening politely and just reply at the end ... " Same as horses ... us ... the humans ... we have also kind of a mental pedigree. Be aware that ... in my opinion ... she is not having the right one."
He was not understanding the message, cause was too happy to understand what his friend wanted to say.
That guy was in love with horses and all the time he was looking for all kinds of informations about horses.
But what is a pedigree for horses?!
A pedigree chart **portrays a horse's family tree**. You'll see charts included in advertisements of horses for sale and stallions at stud, in sales catalogues, and farm brochures. When you research an individual horse, a certificate of registration (the "papers") establishes that animal's identity.
But the question is ... can a human have a mental pedigree ... as the guy just said to him?!
Well ... sometimes a metaphor helps us express everything in a much beautiful way ... so that in fact even if we offend someone ... we should do it in a beautiful way ... to sound more as an advice.
You see, the pedigree represents the past ... the history of that past.

INFLUENCING AND BEING INFLUENCED
... a non ending story

Is something that defines everything in a certain way ... and it can let you predict the behavior, but also the future behavior according to the events from the past.
To the humans ... the same principles can be applied ... if we see everything from the mental point of view.
But i also believe that people can change.
The influence of the past will always be there ... and will look like a time bomb whose detonation is triggered by a timer ... but a timer that we don't know anything about.
So ... the real question is ... should we give credit to the people ... or just believe that the influence of that "mental pedigree" will always be there ... and there is no chance for showing to us only the beautiful side of that soul?!

Not clearly remembering who she really was, but loving her vibe ... he was starting to seduce her

Sometimes we just love some of the people we met.

They were speaking on the phone for more than an hour.
They spoke many times, but today it was ... special.
He loved her vibe, cause he influenced his vibe in a great way, but he was not remembering who she really was.
They met few years ago, but he met during this time so many people that he was not actually remembered her ... as a person.
Knew her voice ... and also remembered her as a spirit ... but not as a woman.
He could not remember, even if he was thinking so much ... if she was beautiful or ugly, slim or fat, blonde or brunette nothing.
It was like his mind had absolutely no information about her look, even if both of them discussed that they met 2-3 times in the past.
But loved her voice, her attitude ... the connection with her ... and in fact ... her everything.
It was such a great conversation that ... he realized that he likes her a lot, even if in a weird way ... he was not remembering about her look.
He looks on whatsapp and sees a picture with a landscape.
He asks her why she does not have a picture ... but she realized in the next second ... the truth ... that he is not remembering her.
But weird ... he already started the process of seducing her.

She liked what was going on, but he was wondering how the hell he could be influenced so much about her vibe ... that not even remembering her look ... he was feeling a strange desire of having her.
He was seduced by her vibe ... cause he wanted a vibe as her vibe.
The story started ... or maybe it will just stop the next day ... but the simple fact of spending some moments with her ... made him happy ... and he was forgetting how it was that amazing feeling.
A beautiful or an ugly lady ... who knows?!
But the vibe my God ... the vibe was amazing ... and now his vibe was the same.

The best case scenario is as a real connection with another person ... to exists from the beginning ... not to build it

There are many times when we believe that we are real creators and same as we can build anything we want ... we can also build the connections with other souls.
We strongly believe that we can influence anything we have in mind ... but we don't realize the difference between natural and artificial.
It happens i know a guy that had in his life 3 women.
One was the wife ... and he had no connection at all with her.
During the time, he tried few times to create the connection ... but he failed all the time.
The second one ... was his mistress.
He had such a great connection with her, that he could not believe it could be real.
But the third one ... was a new lady he recently met ... and just because he talked with her few philosophical issues ... he had an illusory idea that he can connect to her ... in a very short time.
The guy ... had a theory ... a silly one in my modest opinion ... that we, the humans, can build the connections with the other humans.
But ... guess what?!
He was not her type.
He was rich ... and she wanted a rich guy.
He was a philosopher ... and he was a great one.

But he needed in her life ... something ... to take her out right away from the huge depression that she had.
In the end ... connecting to her ... just failed ... even if the start was a great one.
His life was now split in 3 paths ... no connection at all, a natural amazing connection and an artificial one that was kind of a great connection - no connection at all.
His final decision?!
Not knowing what to do, not understanding anything at all ... but still believing that he was greater than the Universe ... instead of just stopping and enjoying the path of the amazing relationship with his mistress ... he was still balancing between the wife, the mistress and other beautiful ladies.
But ... he was just a lost guy.
A lost one ... because he could not take a decision ... just choose the path of least resistance.

Contradictory desires
... just chance the course of life

It's quite important to understand that the course of life is strongly influenced by the power of our desires.
In many situations we are in the same scene with other people also.
Could be ... a brother, a parent, a friend the spouse.
We have what is called relationships ... of any kind.
But you see ... we consider relationships are easier only if we control them.
Somehow we feel the need of dominating the scene itself, but also of the persons that are in the same scene with us.
And i keep wondering myself why?!
Because, in fact, we have contradictory desires and all we care is that all those desires to become real.
We don't really care of anything the other side wants ... no matter who's that person.
But the other side ... is actually like a mirror. Wants the same thing and cares about the same thing ... his/her own desires.
Is almost like mixing oil with water and we keep wondering why?!
So what happens when you try to mix oil and water? **The water molecules attract each other**, and the oil molecules stick together. That causes oil and water to form two separate layers. Water molecules pack closer together, so they sink to the bottom, leaving oil sitting on top of the water.
Actually the relationship itself ... should be a cocktail of energies ... of those 2 or more people involved but ends up as the wish of mixing water with oil.

You will see ... the impossible of mixing contradictory desires ... and the influence of that on the scene from the real life ... will look like a total mess.
The solution?!
Well ... we actually have 2 options.
"Smell the taste" of the desires ... and then see if you really need to go on that path together ... the path called relationship.
If you think is not a good direction ... just don't follow it and try to find other things.
But ... if you already see the meaning of the contradictory desires ... continuing should be just silly, no matter who that person is.
You could simple change the course, otherwise the Universe will change the course of life in unexpected ways ... that sometimes we won't really like.

You are what you actually do
... in your daily life

You see ... drinking everyday you become an alcoholic.
Making sport everyday ... you become a sportiv.
But ... i wonder myself if writing everyday ... you actually become a writer?!
A dear friend of mine ... that already wrote few books till now amazed me while telling his story of how he became a writer.
We were 6-7 writers in a beautiful restaurant from the city center.
We were actually talking not about literature, not about philosophy ... but about ladies.
All of us ... we were having a muse ... and the muse was actually the one that was influencing all the ideas.
Our friend started to tell us his long story, about how he started to be a writer.
Being married ... but falling in love with a silly girl from the country side ... he started to write her thousands of lines on the chat.
He was explaining in our million words ... his love for her ... but actually the girl was too silly to listen to all his philosophical ideas.
She was ok as him to become her sugar daddy, but did not imagined that ... as a sugar baby she will be forced to listen so much philosophy.
She was in love with the drugs ... and with the idea as someone to take care of all her needs.
But he was so deep in love with her ... and became blind at the fact that he was writing messages that she was not reading.

INFLUENCING AND BEING INFLUENCED
... a non ending story

He was speaking with ... the walls.
Few years later ... he falls in love again ... but even if she loved him a lot ... their love story was an impossible one.
He writes her love letters.
She writes him ... lots of love letters.
The love story ... becomes almost a shakespearean love story ... but missing her so much ... he becomes a writer.
Writes one book.
Then another one.
And another one.
All the books were about her ... his absolute obsession.
She influenced his life in such a powerful way that instead of being interested only about money ... he was actually interested only about writing.
One year ... and she changed the course of his life.
A businessman that was in love with the money ... became obsessed only by writing and reading books.
He heard that a lady can change a man's life ... but he could not believe how things changed.
He started to sale 2-3 books a day.
Not much ... but he was not speaking with the walls anymore.
He was writing to influence the world, even if that meant only 2-3 pers a day for the moment.
So ... this is how a nice path of life starts.
He started with the beautiful silly country girl, writing her ... amazing illusory love letters ... continued with that gorgeous lady ... so that the final result to be ... speak with beautiful ladies from all around the world ... his readers.
Funny ... but true!
Life is strange ... but ... we actually never know where the paths of the present will take us.

The problem with the negative paths is that sometimes ... they look as positive paths and we even believe that the Universe arranged that but He was just laughing

It says that the meaning of life is the awakening ... from the spiritual point of view.
To go to the level of awakening ... you need to understand the illusion of life.
The more you evolve as a soul ... the stronger the illusion will be.
You will see all kinds of things that look so negative ... but in fact the meaning is always just a lesson of life, to better understand what the illusion is.
And it will look so damm real.
You will even blame the Universe for treating you in such a negative way ... not understanding why if you've asked for the best life can offer you ... the supreme awakening ... why you've got such a negative path ... with so many troubles and negative emotions ... reactions ... events.
You actually start to believe that you don't understand anything at all from what is going on around you.
You even believe that it's a misunderstanding of communication and that you need to repeat again the prayers ... or the mantras ... or whatever way of communication you have with the Universe.
It's ... unbelievable.
You start to think that everything is wrong around you ... and even that you are in a conspiracy that is ruining your life.
Then you see a change ... a positive one.

But soon after ... a negative one again.
A strange balance between positive and negative ... that reveals your unstable way of being.
There are moments when the path it's of absolute beauty ... but also lots of moments ... when the opposite is happening.
You are somewhere in the middle, not knowing how to define your life in the present moment.
You actually are at the influence of positive and negative ... but you can't define the moment in a certain way.
All it's a strange mix of energies, but the balance created by those events ... ruins you emotionally.
You even start to believe that the Universe is laughing of you but all you see it's just a life test ... and you fail watching the illusion but feeling is so real.
So ... what shall we believe?!
Are the negative paths exist?!
Should we follow only the positive ones?!
Or ... 3rd scenario ... the best one probably ... just live life as it it ... smile in front of negative ... which is actually just an illusion and enjoy the positive.
And most important ... live without expectations!

Is karma a bitch or a teacher?!

I wonder myself why we worry so much when we hear the word ... karma.
I saw many people afraid of that ... not really understanding the meaning of the word.
And i heard lots of definitions of karma ... including contradictory ideas ... like "bitch" ... but even a ... "teacher".
Well ... karma is actually based on the concept ... for every action there is an equal and opposite reaction.
Or much simpler... all you see in life is actually a mirror of the inner soul.
But indeed karma looks sometimes as a bitch.
For example someone might like cheating, but is actually the end of the world when is being cheated.
Indeed that person might define karma as a bitch when the loved person cheats him ... but all might actually be ... is a lesson ... a life lesson.
I should even say that to understand life is important to see both sides of the story.
Sometimes in immoral acts we will see weird concepts explained quite easy through the feelings we have.
Will we accept the concept of karma?!
Well ... most probably the Universe will never ask if you accept the concept or not ... but karma will always be present in our lives?!
But is there any way to avoid it?!
Don't think so.
Or maybe ... see the beautiful side of karma ... you could do only positive things ... or you could live like a monk in silence ... practicing the non action and expecting as the Universe to have the same

reaction.
But ... for the rest of us ... not knowing how to really act on the stage of life ... things will be strange from time to time.
Today ... i believe we should accept everything happens.
Embrace all the events ... even if it's the mirror of a silly behavior we had in the past.
Karma is not a bitch and not anything similar with the concept ... but a life lesson and nothing more.
The Universe will never want to hurt you ... but the way you might see the lesson present in your life ... will always be an abstract one.

Keep in mind that you should not play around with the illusions . One day you will just become addicted of addictions.

There are moments when we feel that we are in total control of ourselves.
We feel so powerful that we believe that nothing can overwhelm us.
It happens i know alcoholics that never keep alcoholic drinks in their house, not even if they have guests.
They never enter in bars and in the restaurants they avoid to ask something to drink ... even a mineral water.
They also close all the friendships with the people that usually drink alcohol in a regular way.
Knowing the huge power of this addiction call alcoholism ... they cut all the connections with everything reminds them of alcohol.
In the case of drug addiction is almost the same ... but only few people realize that they need at least a year ... so that the past could be defined as something that they are detached from.
The alcohol, the drugs or any other kind of addiction are in fact illusions that we somehow enjoy at the time we "consume" them but they just somehow ... ruins us.
There are hundreds of ways of being addicted in the modern society ... from using the phone in an exaggerated way, being an workaholic etc etc ... even the wish of always trying to help the others ... but never take care of yourself.
We actually don't know the art of keeping the right balance in life ... at all its important aspects.

INFLUENCING AND BEING INFLUENCED
... a non ending story

A weird fact is that there are moments in life when we understand the power and the bad influence of that addiction on us ... and what we do is actually an illusory trick ... change the addiction with another one ... not even understanding what is going on.
We somehow become addicted by addictions.
It's a trap ... but we are blinds and can't see it.
And the illusory power that makes us believe we can control ourselves ... just because we stoped an addition, but in fact we only replaced it with another one ... can let us draw the conclusion that we can control the addictions.
But we are just ... playing around ... and the addictions are laughing of us ... letting us feel that we control the scene ... and we end up all the time being controlled, but also defined ... by the illusions.

Don't bother to listen to the others ... listen to your inner self

Ask for an advice and you will receive 1 million advices ... even from people that you met for the first time.
Ask at the same people ... 1 penny to implement those advices ... so that they could be co-authors on the new ideas they want you to implement and ... silence will begin.
You could also ask them to help you for real do the things they said about ... and most probably they will never have the necessary time for that.
I started to analyze the world not through the eyes of my thinking, but through the eyes of my actions.
I asked myself, one day ... have i ever did something for real to really help the people from my life?!
Well ... i did ... i had such moments.
During the time i probably had about 300 employs that worked for me.
I worked with them one to one and gave them lots of advices ... thousands of advices.
I was kind of a teacher and all of them work now in very well known companies ... in important positions.
So ... i spent lots of time, energy and also money to train them ... but all the time i was co-interested into that, cause i wanted to have a very good technical team so that i could make good money with them.
In the end ... i realized that all i did was because i also had a big interest regarding their growth in the area we worked.

Adrian Gabriel Dumitru

Later on ... i could do similar things only for some family members ... but never for strangers.
But i gave one million advices in my life.
Not one thousands ... not ten thousands but one million.
Today ... i changed a little bit.
Even before i try to think about giving an advice, i ask myself if i have an interest in doing that ... or if i ... really care about that person.
The simple fact of caring ... gives a good energy to the advice itself.
But i learnt to do something better ... instead of coming with my theories trying to illuminate someone i don't even know so well ... i ask the following question ... "what your inner self tells you to do?!"
And i see people that looks so weird at me.
Is almost like explaining them a theory about ufos, but it was just a simple spiritual talk, about connecting and talking to the inner self.
But i continue wondering myself why we need as people to advice us ... when actually the answer can be found just by asking ourselves.
Well ... even if we believe in the theory that inside of us ... there is a soul ... we don't really trust in this connection.
The connection of you ... with your inner ... you.
Someone from the outside world needs to confirm you ... something that you already know.
But we are too silly to see that.
Is probably the most important thing that we should be taught in life ... to connect to our souls ... and trust what it whispers us.
You should not bother to listen to the others ... but you should also not bother to advice the others.
Just ... learn and teach ... the art of connecting to the inner self.
Is a much better way of practicing the art of influencing ... no matter if is about influencing or being influenced.

Practicing the non sense

I've been walking on the streets, in the middle of the night.
It was Saturday night and a very beautiful weather.
While being right in the city center ... i saw at the entrance of Grand Hotel Continental a homeless person about my age.
I smiled a little bit, but somehow with curiosity ... then i was wondering myself ... why is this guy sleeping at the entrance of such a luxurious hotel ... and no one is noticing him?!
It was ... a non sense.
The guy had nothing ... and was sleeping at one of the most expensive hotels from the city.
Maybe, long time ago ... he's been a rich person and wants, in the only possible way ... to taste again that richness from the past.
Yes ... it really was a non sense ... but i then realized he is not the only guy that is staying at the hotel ... that has nothing.
I've been walking few meters more and at the restaurant i saw a beautiful lady ... staying at the same table with a guy that looked like a very wealthy person.
They were not even looking to each other ...not speaking ... and showed no any sign of connectivity at all.
Everything was so ... evident ... that my mind came back in the next second to the homeless person from the entrance.
There were 3 persons in the scene ... that had nothing at all on this world.
Maybe 4 ... if i should include myself.
So ... it was the night of the non sense show ... letting me understand what "nothing" really means ... which in my opinion was actually the study of ... emptiness.

INFLUENCING AND BEING INFLUENCED
... a non ending story

One of the best hotels ... a homeless person ... 2 wealthy person ... and me.
A weird philosophical equation.
I started to believe that ... the NOTHING ... can influence our lives in such a powerful way ... and ... i was remembering that i knew for such a long time that you could have everything and actually have nothing ... but also have nothing and actually have everything.
Was the homeless person happy that night at the luxurious hotel?!
But ... what about the wealthy guy?!
I was just walking ... like a lost person ... on streets ... having no purpose at all ... or maybe just to purpose of clearing my mind of silly thoughts ... and the meeting with the "nothing" ... became a tasty amusing non sense.
... and i continued walking.
There was nothing better that i could do.

The curse.
Mud can't be metamorphosed into gold

Sometimes we believe ... in change.
Sometimes the change looks ... illusory ... but we still continue to believe that we can make a magic trick ... and that glamour of the life might appear.
We become some kind of alchemist and we really think reality will be soon different.
Well ... alchemy, was **a form of speculative thought** that, among other aims, tried to transform base metals such as lead or copper into silver or gold.
But ... we practice alchemy in a spiritual way.
We have the belief we can influence reality in such a way ... that even if everything looks grey today ... the next day will be repainted into pink.
All negative things, situations, believes ... will be positive ... tomorrow.
We hope that the art of spiritual alchemy is real.
We need that and we cannot afford to be so pessimistic ... to not trust in this new science that we discovered.
But the next day ... we wake up and see that grey is again everywhere.
No one bothered to paint into pink ... not even one element from the scene.

In fact pink is so unused that you don't even find it in the bricolage shops.
But the hope does not disappears.
You just know that tomorrow is a new day ... and a new chance.
You look around ... and you only see ... mud.
You actually want everything metamorphosed into gold ... but maybe a curse stops this alchemistic process.
Time is passing.
You don't become pessimistic ... but still you realize you need to be realistic.
What looks like a curse is maybe just a message from the Universe ... that the gold exists ... but is not in there.
All you need to do ... is just take the decision on finding gold somewhere else.
Alchemy is just a fake science.
It existed ... but no one really proved they could transform any cheap metal into gold.
You failed ... like the alchemists.
But still ... the gold exists.
... just look somewhere else ... and you might find it!

Spoiling opportunities ... a real "art" that we practice so, so welll

Years ago i've met a guy that looked very wealthy.
He just bought at that time a gorgeous mediterranean house, had fabulous cars and the attitude of a very important person.
He looked like a very powerful man and probably he really was.
I heard lots of stories about him ... that he used to be a pimp and a drug dealer in UK ... but i ignored all of these because did not knew if it was true or not.
I interacted very little with him at that time ... but the main attributes i could see at him were ... a powerful attitude and wealth.
He was about 10 years older than me ... but no matter what people said about him ... i liked the fact that he inspired me that he is in control of everything around.
But ... life is really strange.
Few days ago i've meet him again.
He was a taxi driver.
He was a little bit ashamed that i see him in this position, but i just smiled to him.
We spoke few things and then i asked ... "what happened?!"
"Well ... money had a bad influence over us.
We spent them in the most silliest way.
We bought an expensive house ... expensive cars ... in fact everything we bought ... was expensive.
We also spent huge amounts of money on parties ... just to show to the others that we are really wealthy.

INFLUENCING AND BEING INFLUENCED
... a non ending story

We invested too much in marketing ... till one day when we understood that we spoiled the opportunity of being in a good financial position, without even bothering what the others think about us."
We haven't seen each other for about 10 years and the script of his life was totally changed.
Or maybe 20 years ago he was a taxi driver ... then a wealthy guy ... then again a taxi driver.
Jim Rohn used to say that if you want to study success you will need to spend time with successful people ... but also with people that failed in life ... and failed big.
The last category could actually tell you all the mistakes they did ... so that they spoiled the big opportunity ... cause this is a real "art" that we do practice so, so well.
We want success ... but under the pressure of that success ... we get scared ... and instead of really keeping the success ... we pay too much attention on keeping the image of that success.
So ... before starting on the path of success ... just think for a while at the whole story ... and all the factors that can influence you on this journey.
... and study successful people ... but also ... the unsuccessful people.

Controlling everything around us ... masked under the need of influencing the world

Truth be told ... we'd love as reality to be according to a scenario written by us in a certain way.
We know all the details.
We want as the wife to act in a certain way, the kids also ... the parents ... the friends ... even the strangers we meet only for 3-4 seconds on the street ... while walking on the way to work.
Having an egocentric view about life itself ... we cannot understand that we are not the sun and the rest of the people from our lives should only gravitate towards ... our ego.
We even start to define all what we do ... as a tendency of influencing the world in a positive way ... but actually ... all we do is accomplish our silly desire of controlling everything around us.
Is it good?!
Is it bad?!
Well ... at one point the friends will get annoyed by your advices, the wife also ... by all your requests ... and even the kids will ignore you.
It's already clear for everyone that you try to control reality ... and you hide this under the mask of the positive influence that you would love to offer.
And i admit it ... i did this too ... many, many times.
I don't ask you ... if this is actually a habit for you ... but maybe at the right time you will meditate over the subject.
The solution?!

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Well ... today in my case ... in the moments when i believe i can influence the world ... i just try to connect with ... strangers ... people that i don't know at all.
They might never appear in my life ... so if i do something for them ... even make them smile for a second ... i will do it for no interest ... not even for the one of satisfying my ego that i did something positive.
Controlling the world around us ... is a disease, but on the other hand ... the world needs indeed positive influence all the time.
Just think about it ... and don't mix the concept of controlling ... with the one of the positive influence.

The exercise of connecting to strangers for 3-4 seconds ... teach you in fact the art of connecting to people

I've been playing around in the last time ... just trying to connect to strangers that i see on street for the first and probably the last time in my life.
I'm doing it by a while and all i can say is that it's quite a nice experiment for understanding the art of connecting to other souls.
When i was a kid i was an introvert, but somehow the Universe ... made me with different life lessons ... an extrovert.
Still ... i could not look so much in other people's eyes.
Inside of me remain a small part of that shyness.
But i decided it's time for an experiment.
It was easier with the strangers from the street.
I continued to look at different kinds of people, of any age between 1 and 4 seconds.
I believe that after a maximum of 4 seconds you need to have the gut to say something or ... just leave.
I did not had this necessary gut to say anything at all ... but i loved the game.
Not by a long time i saw an interesting music clip.
The guy was driving, stops in traffic for few seconds, turn his head to the left, sees a beautiful blonde lady ... and in few seconds imagines the whole love story with her.
I did not had this kind of fantasies with none of the ladies i met ... but i just loved to connect to anybody.

I even tried to find on the street ugly people.
... also people that looked dangerous.
At the end of the 3-4 seconds ... i smiled ... and you won't believe it ... i also received a smile back.
I started to love the game.
Somehow ... on long term ... i failed to connect to the people from my life ... but it was a huge success to connect to the people that i met only once in a life time.
It was actually playing the game of connecting to different kinds of souls ... but also the one of influencing them positively ... just in a moment of only few seconds.
My exercise of doing that will continue.
I am not saying you should daily do it, but i believe you should try it from time to time, cause it will help you learn the art of connecting ... and maybe why not ... re connecting to people.

We remember the old game of the broken telephone ... we play it with that joy from our childhood, but this time being adults ... we just destroy connections with it.

You see the game ... used to be **a game in which a message is passed on, in a whisper**, by each of a number of people, so that the final version of the message is often radically changed from the original.
But ... today we see it even as a game of defining.
Usually defining is a good thing to do in life ... actually kind of an art.
It usually helps us see the meaning of all the events from our lives ... and understand the messages we need to understand as ... life lessons.
The story with defining becomes something similar with a coin that is having 2 sides ... the good one which is seeing better our lives by trying to define all the elements of it ... and defining the other people's life ... which is actually gossiping.
The one that invented the game with the broken telephone ... i am sure that was an ironic person.
He tried to teach us ... what actually gossiping means from an early age.
We enjoyed it at that time.
It was even fun.
But it was just a game ... now is about the real life ... and we cannot see the difference.
You say something to a friend ... that friend defines your words in a totally different way ... and then one day a stranger ... comes to you and tell all about your life ... in a different version of how things are.

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You understand that everything started from the fact that you shared your thoughts ... and actually your life ... with that friend ... that you believed in your friend considering that person ... someone that should not judge you at all.
You shared your emotions ... your soul.
And instead of remaining a story just for you and that friend ... is becoming a subject of gossiping for all the people from your life.
Today i believe that this habit of gossiping is actually a protective mode in how the individual, not being able to stop his infinite number of thoughts ... makes this trick and instead of studying, analyzing and defining his own inner world ... finds other souls ... and focus all the attention on those individuals.
Remaining in the outside world, making the inner world disappear ... in fact succeeding to hide all those emotions from the soul ... gossiping is the magic pill to forget about ... us.
But gossiping ... no matter the way you practice it ... it's a bad habit that brings bad energies into the lives of all those people that we are talking about.
I studied lots of people that practice this sport ... and especially ladies are very good at that ... but i should recommend as the process of defining to be done only by speaking with the persons involved.
... with no one else, but them.
Try to help ... with the judgement that you have today ... but only if you have a positive attitude and see the beautiful side of the story.
Otherwise ... practice the art defining only in your mind ... related with your life and life in general.
Bad habits ... as the game of the broken telephone will not bring good energies in our lives or in other people's lives.
Define ... why you do it ... and if you can't stop yourself from doing it ... just remember that your own life needs more attention as the one of others.

The right story gives you the right energy you need in that moment

In one point in life ... we somehow understand that to have the perfect life we actually need to work for having the right energy all the time.
I met persons that have meditation first thing in the morning, others that go in vacations all around the world ... and also people that have as hobby different arts as painting, sculpture etc etc.
All those people ... were somehow trying to have in their lives ... a way in how they can recharge their batteries for being in perfect shape all the time.
But i also met persons that have in their lives a mentor, a guru, or a priest ... that were guiding them so that they will be at a certain type of positive energy all the time.
And the funny thing is that i also met persons that instead of a guru ... they looked for a love story with a partner that could raise their energy level all the time ... just by being around.
The connection between ... was amazing and the reaction of just staying one near another was one very difficult to be defined in words.
But was easy to be seen that ... it was the right story ... at the right time ... all that they needed to be in great shape.
It all started with the search of the perfect life ... and being lucky enough to be in the arms of a soulmate ... gave the best positive influence a human being can have.
So ... looking for the perfect life scenario?!

Well ... just find out what gives you a great vibe, stay around that source of amazing energy and your life will be totally redefined.
... simple as that!

We attract what we think about
... but actually get what we want
... only after we decide to stop thinking about that something.

Have you ever thought how can you get in life all the dreams and goals right away?!
Visualizing ... helps a lot.
Having in your mind all the details also ... gets you closer by what you desire do much.
But the paradox is that ... we don't get what we want right away, even if we have the clarity and visualize so damm well everything ... because we are too obsessed of the desire.
The real trick is more ... connect ... disconnect ... re connect.
The process of connecting - disconnecting ... evaporates the negative influence of the obsession.
It's ok to want in life ... anything we have in mind, but not in an obsessive way.
... just think about it!

The secret of a great day ... comes from the pleasure of waking up with joy

In any activity we should have ... the start is very important.
But you see ... a new day is the present moment and all that we actually have.
The past does not exists anymore.
The future is just an illusory concept.
But the present is the one that actually makes us happy, unhappy, feel alive or ... not ... all depending on the way we know to connect to the day.
I once heard a statistic that said that one million people don't wake up anymore when a new day starts, so the simple fact that we wake up ... should make us be happy.
But for many, the days when they wake up with joy ... are probably just a few in a year time.
Today i wonder myself if waking up with joy is a decision that belongs of us ... or is a simple fact that just happens.
Could we have the habit of starting the day with joy ... or is much over our powers?!
It's quite strange to understand why they are days when we wake up happy or unhappy ... but probably everything has to do with the interior factors that defines positivity or negativity from inside of us.
With enough optimism in our souls ... we can choose to believe that waking up with joy ... starting the day with the idea of positivity, expecting great things to happen ... that should be a better script than the one when we are afraid of being alive.

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Honestly speaking, i personally don't really understand why we wake up feeling that it's going to be a bad or a great day ... but maybe the past influence indeed the present moment ... and we should keep in mind also that the present moment influence a lot the future.
So ... walking up with joy can be even a trick to avoid starting with negativity ... something that in fact can be amazing ... a new day from our lives.

Re writing your mental software ... the trick that can have a tremendous influence on your life

Don't have the life you dreamed so much about?!
Don't even see any hope that you will have that one day?!
Well ... you still have a chance for being happy and that is accept the present moment just as it is.
Embrace it ... love it ... as it is the only fact that you really have in life.
We sometimes are too connected with all the material goods we have, but actually don't realize that all we have is the present moment itself.
But what we don't like is that this moment doesn't have the elements of the that dreamed life ... or if you see few of the elements ... still not seeing everything just as we thought reality should be ... still let the unhappiness be present inside of our souls.
But have you ever thought that the change does not appear ... because we are not actually opened for it?!
We want to have the ideal life, but actually don't do anything for getting it.
We want it ... but we don't want to pay the price for it.
But what is this price?!
Well ... it's quite simple and in fact everything is related with the way we think ... and this is why changing the way we think ... re writing our mental software can be the trick for a better life ... and even for an amazing one.

INFLUENCING AND BEING INFLUENCED
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The way we think ... the thoughts we decide to focus on ... is something that can have a huge impact on us.
The influence of thinking is more powerful than we can imagine ... and is the root of all the situations we have in our lives now.
But re writing the software, by being opened to any kind of change ... could re define our lives ... in a great way.
I am not saying as a religious leader that this is the absolute path that you should follow, because i don't believe in paths and dogmatism, but ... only to keep in mind the idea and meditate over it ... experience it ... at least as a test.

Volatility ... a new trend

I believe that understanding what really defines volatility is actually ... the new secret that we should look for.
But also accepting all the effects of it ... which actually might sound as weird ... will bring bring you in fact lots of advantages.
I bet you already believe that ... i lost my mind ... or i really don't know what i am talking about.
But you see ... volatility defines the contemporary life.
We know from the Bible, by already thousands of years that everything is just an illusion ... which is actually a way of saying that everything you see is volatile ... and can disappear right away.
But it becomes a huge problem that we see the phenomenon in all the areas of our lives ... and much often than we used to see it in the past.
We somehow start to feel that volatility is actually ... a trend.
We lost all the absolute values from life ... and maybe the last chance we see now is to focus on the Absolute Divine ... which we name God, Allah ... and in many, many other ways.
And even if we take this decision ... we start to wonder in the next second ... how do i actually connect with the Infinite?!
We have moments when we feel we succeeded that and soon after we believe it was all an illusion.
Even the fact that we connected with the absolute becomes volatile and illusory.
Then we search again and again and again ... in the outside world ... for the absolute symbols.

We have also many moments when we believe we found that ... but we end up being disappointed all the time ... cause everything is volatile nowadays ... more than ever.
Accepting volatility as part of the way life is ... represents a key that will make you guide yourself to the real absolute symbols that we can have in life.
Then ... that influence that you are looking for that positive vibe that you need for a happy life will be inside of you.
The whole meaning of this trend that shows us that everything around exists now, but in the next second can become just a small chapter from the history of our lives ... is revealing a message from the Universe and that is ... don't look for the absolute in the outside world, but in the inner world.
Just let the volatility be a new trend and ignore all the illusions life can send to your life ... but don't forget to be connected with the soul all the time.
That is the gateway

Touching the horizon line ... just a silly illusion that we taste everyday

Maybe i should start my essay saying that i have a disease impossible to be cured.
It's call ... the need of touching the horizon line.
I've contacted it since i started my first business, but things got complicated when i entered into the real estate and i began to build houses.
For me ... it's a real pleasure to built.
Before even starting ... i actually visualize the trees from the garden and all the pieces of furniture.
The you see the foundation.
The first floor.
The second one.
The third one.
The roof ...and i see the shape of the house.
Then i focus on all the other details, expecting to daily see quick changes.
I imagine finishing the house ... and its perfection.
And i even imagine myself happy ... just because i finish the project, but instead of losing my time to be happy at the end ... i just focus on your next project.
I want ... one more ... or maybe 10 ... 20 ... 100 new projects.
It's a feeling difficult to be described, but every time i finished something ... this is what i did next ... focus on the future ... but never think about relaxing and enjoying the present.
Today ... at least i am conscious about the disease ... i try to cure

myself ... but can't find any treatment at all.
I am on a pathless path ... having this silly illusion that i taste everyday ... but i am wondering myself ... until when?!
Maybe the cure is simple ... and i just need to stop ... relax ... and enjoy the life, but i can't see this path.
Maybe is so simple ... and i'm so silly that i can't understand that the need of touching the horizon line ... was influenced of the fact that i always wanted from life ... more than the life had offered me.

When someone really wants to enter into your energetic field ... will not bother to ask for your permission

More and more people start to understand what an energetic field really means.
They understood the concept but can not define it in a way so that ... they can apply all the necessary rules and have the life that they want.
But what is an energetic field?!
Well ... it can be defined as reality, but actually is the background that defines reality with some invisible forces.
I read many spiritual but also scientist books ... but the concept has a too complex definition.
We have lots of thoughts regarding that ... lots of scenarios of how it should look like ... but the problem is that depending on the spiritual level where we are ... we are influenced more or less by all kinds of exterior factors.
And the funny thing is that if someone wants ... or maybe the Universe decides that ... to enter into our energetic field, will do it without bothering to ask for our permission.
But truth be told our lives are influenced by all kinds of factors starting from weather, the silly politicians from the country where we live in ... to the people we accidentally meet on the streets.
All those factors will influence us a lot.
And ... even practicing the solitude will not let us avoid all the exterior factors.

A solution?!
Well ... maybe the first one should be to not try anymore to control reality and embrace everything happens in life.
Understand that above our thinking, there is a Divine Being ... called Universe, God, Allah etc etc ... and this absolute being knows better how the script of our lives should look like.
We need to create a mix from our desires and the uncontrollable influences that comes to us.
Will be kind of a strange cocktail of energies ... that defines and re defines the energetic fields on and on and on ... but maybe this is the beauty of life ... embracing ... the unexpected.
The meaning of all these?!
Well ... the meaning of life is to understand ... life ... and life itself is about energies of many kinds.
Even people that master the law of attraction understand in one point that mastering this powerful law is useless ... if you are not following the path that you are supposed to follow.
Somehow we need to accept the concept of destiny to understand the meaning and the power of those exterior influences that sometimes appears from nowhere and look like a nonsense.
Embracing reality ... just as it is ... represent the key for a beautiful life!

Some people ... just act as ghosts that influence our lives from time to time

There are people that appears in our lives and then just disappear forever.
It is totally illogical ... but this is even a psychological effect defined as ghosting.
It's ... the practice of ending a personal relationship with someone by suddenly and without explanation withdrawing from all communication.
It is usual the scenario for a love story ... with someone that appeared from nowhere ... but also leaves suddenly to ... nowhere.
A beautiful ... perfect scenario ... ends in a way that can be declared as a ... non sense.
You will always remember that perfect being ... but will never understand the reasons why the story ended.
But sometimes the ghosting effect can be even more weird.
You can meet a person ... that somehow is usually sending you a message in a very powerful way ... but only from time to time.
That person can appear ... then disappear ... then reappear again.
It's like a ghost that appears from time to time to influence our lives ... in a way difficult to be understood.
Could be a lover ... that creates you the illusion of the perfect love story ... or even a friend that gives us some advices ... but also a weird person as a neighbor that is driving you crazy from time to time ... does it, then is letting you believe he disappeared ... then reappears again ... and on and on and on.

Well ... today i think these are just signs that the Universe is sending us from time to time ... to let us understand the meaning of different things from what we call ... reality.
We can name those persons ... ghosts ... but everything happens for a certain reason ... and we are too blinds to see it at the time it happens.
The ghosts ... should just ... remind us ... what we forget or help us see ... things that we don't have the power to see.

The feeling of unhappiness just sends you a strong message telling that we need to start another chapter and leave the actual reality. Unhappiness is a friend ... not an enemy.

The great scientist Stephen Hawkins used to say that the black wholes are not so black and dangerous as we might think.
Actually the black wholes might be gateways to a different ... universes.
And even being for a lifetime in a wheel chair ... he dares to compare unhappiness with the black wholes ... and explains in a beautiful way that no matter where you are in life ... you have a way out.
Even if you feel that you are trapped in what Hawkins named black wholes, which might look like a worse case scenario ... don't worry cause this also has a way in and a way out.
But when unhappiness is present in our lives ... we become blinds.
We believe we are so, so influenced in a negative way by it ... that in the end we just become blinds and can't see anymore the path of joy.
Comparing the unhappiness with a black whole, same as in Hawkins's thoughts ... is a new perspective.
But a guy as Hawkins, that spent his life in a wheel chair ... found out that if he cannot have a regular life, he could focus all his time and energy into thinking.
And he found joy into that.
He studied the Universe as a scientist ... and saw it in the end as a philosopher.

But us ... all the other ones that are not forced to spend the whole life in a wheel chair ... we can't find the gateway from the actual universe to another one ... which actually means switch reality with another reality ... an ugly one with a joyful one.
Defining the unhappiness as a friend ... a friend that is actually strongly whispering you something ... is a little bit too abstract.
But the unhappiness tells you that you are not in the right place or you are not seeing the actual reality from the right perspective.
Jumping from unhappiness to happiness can be done in a second ... but only if you see the signs ... and have the power to listen and accept your strongest emotions.
So ... ?!
Well ... we should only keep our eyes opened ... pay attentions to everything around ... define reality and find a way of redefining it all the time.

The balance of emotions disappears only when we succeed to connect to the inner self

I see more and more people around me that after an age ... not more than 30 ... they start to practice the solitude.
It's kind of a way of auto protection to all the influences that comes from the energies of the people from our lives.
They start to be afraid of every exchange of energy and actually find a way to get rid of what other people think about the reality they live in.
After lots of years of doing that, after seeing inside of me a weird balance of emotions ... i tried also to disconnect myself from the outside world.
I understood the power of all the exterior influences, but i also realized the Universe is laughing of me and somehow i am in the position of interacting with people ... anywhere i should go.
I almost closed my main business where i had to interact with many people, all day long ... but still lots of people appears from anywhere in my life.
Somehow ... the message is clear ... i need to deal with all those interactions and energies ... and the only chance i have is to learn the art of connecting to people in a beautiful way.
During the time, it happens many, many times as all those interactions to make me have the silly dance of contradictory emotions ... but today i believe that if we connect with good intentions all the people we interact with ... most probably the

interaction will be a positive ... with a positive influence.
But i still also meet people that don't have a good influence over my life ... and every time it happens i know i am not in a good energetic position ... as a soul.
I just know ... that positive attracts positivity and negative attracts negativity ... and i need to totally change the path of life that i am following.
I stop ... asking myself what i am doing wrong ... but all the time i see that all i need to do is to connect to my inner soul.
Nothing more ... nothing less!
And the balance of emotions ... disappears right away!
The connection with the inner self ... gives the protection for a beautiful life ... no matter of the influences that come from the outside world.

The arrogance ... a contemporary art that can be seen everywhere around

More i interact with people around me .. more i see lots of people acting in an arrogant way.
Is almost like a virus and i am glad i somehow succeeded to not contact it.
But what is really ... the arrogance?!
The definition of arrogancy is **the state of acting superior or self-important in an offensive manner**. A student who constantly taunts others for being less intelligent than herself is an example of someone displaying arrogancy.
Exaggerating or disposed to exaggerate one's own worth or importance often by an overbearing manner an arrogant official ... showing an offensive attitude of superiority ... proceeding from or characterized by arrogance an arrogant reply.
And i look at all those definitions and i am wondering myself why we can't keep the right balance in a conversation ... or in fact in all the relations we have.
Why we actually need to be arrogant?!
But why so, so many people?!
What influenced them in such a way that they need to practice this silly ... "art".
Well ... today i believe that not being connected with the inner self, to feel the presence of the infinite in our souls ... we somehow try to replace the huge need of absolute values and we declare ourselves the absolute from the outside world.

The next second ... we see superiority in the way we act with the others.
Yes ... is just a silly game we practice so often that we don't even realize that we do it.
And instead of connecting to the other souls around we declare them inferiors to us and we actually totally disconnect from all around us.
We continue acting as this ... being under a negative influence ... disconnected from our souls ... and we end up being disconnected from the inner world ... but also from the outside world.

Every story has a beginning, the story itself and an end, but what if we should taste only the story ... forgetting about the beginning and the end?!

We somehow pay too much attention in life at the details and we forget to live ... and actually enjoy life.
We study the beginning a lot. We define it in one million ways, but when the story starts we just lose the interest on tasting it and soon after the story goes to the end.
We forget to act and see the message behind the story ... but also to enjoy the simple fact that we are alive on the stage of life.
... but still we pay too much attention to the beginning and the end ... and we should maybe make an experiment to see ... what if we make the opposite?!
I mean ... forget about the beginning and the end and focus only on the story itself, on the fact that we should be connected with the present moment ... and nothing more.
The influence of our mind is huge ... and we actually don't let the heart sing when we are on the stage.
We think too much at the beginning and it's meaning and we only let the heart cry at the end.
Today ... after becoming an expert into failing in so, so many events ... i have the obsession of tasting just the story ... connect right away and totally forget about the start ... or why the story will be closed one day.

INFLUENCING AND BEING INFLUENCED
... a non ending story

I have an obsession similar with the passion that 2 sex mates have.
You see ... the sex mates ... even if the example is weird ... they does care just about the story.
They are not attached in any way ... and don't care about how it starts or if one day it will end.
They are focused only on ... the story.
They just strongly connect to the moment.
Don't pay attention to the thoughts they have ... but only to the passion itself.
Caring only about the story ... becomes the wisdom of enjoying life.
Sex mates ... might be considered as a totally inappropriate example ... but their philosophy of life is a better one and many of us should learn the art of connecting to the present moment.
Yes ... in this world everything has a beginning and an end ... but we should ignore all that and learn to keep the right balance between the thoughts and emotions.

She liked him.
He liked her ... a lot.
Between them it was a huge distance and the only relationship they could have was a spiritual one.
... but he was still dreaming to seduce her.

In India they have a beautiful festival ... which is called Rakshabandhan.
This festival is of brother and sister.
Raksha Bandhan, also **Rakshabandhan**, is a popular, traditionally Hindu, annual rite, or ceremony, which is central to a festival of the same name celebrated in South Asia, and in other parts of the world significantly influenced by Hindu culture. On this day, sisters of all ages tie a talisman, or amulet, called the ***rakhi***, around the wrists of their brothers, symbolically protecting them, receiving a gift in return, and traditionally investing the brothers with a share of the responsibility of their potential care.
For europeans is difficult to understand the concept, but i got a friend ... also writer ... that knows lots of persons from there.
And he somehow fell in love with a beautiful girl from that part of the world.
He was always seeing as impossible a friendship between a man and a lady ... and he liked her a lot.
But being so far away from that beautiful young lady ... they decided to declare themselves bothers and sisters on the day of the festival.
She liked the idea ... but he mentioned her that if one day in the

future they will have the chance to meet ... he will forget about their understanding and he will try to seduce her.
And truth be told ... she was extremely beautiful.
The Universe was laughing of him trying to see how he will act with such a beautiful lady ... but being so far away.
The lady appeared ... they had a connection, but looked like impossible as they should meet one day.
... and also ... he was a married guy.
But he liked her a lot ... to stop dreaming about seducing her in the real world.
And the Universe was laughing on and on ... cause more they were talking ... more he realized he liked her ... and of course not as a sister ... but as a lady.
So ... my real philosophical question is ... can a man and a woman have just a spiritual relationship?!
Well ... same as the Universe, i am laughing also of my friend ... the writer ... cause this was the real message ... to understand that some circumstances forces us to have only spiritual relationships.
The meaning?!
If we see the message behind the message ... we will understand that as a man ... you can also see a lady as a soul.
Sometimes only under the influence of the circumstances ... but once you understand the concept of the spiritual relationship ... you will also understand that the relationship between the opposite sexes can be by many kinds ... including spiritual.
The funny thing is that my friend ... the writer ... read and wrote a lot about spirituality, but he was too blind to look at a lady and see not only her exterior beauty ... but also the beauty of her soul.

"Now am thinking ... in any relation satisfaction is more important as love ... " (Arij Emaan)

I started to write few years ago, because i had too many unclear things in my mind and soul.
I discovered what i call ... the art of defining ... and today i continue to write for sending the message of how you can improve your life just by replacing the bad habit of gossiping about others, which is also a sort of defining ... with a honest way of defining yourself ... your life.
I wrote few books about love and 2 of them with my dear Arij Emaan ... and discussing about what really means a relationship ... we came on the conclusion that satisfaction is more important as love.
It's an ugly definition of what is behind a love story and the reason why relationships don't really work even if they start so damm well.
We have lots of desires and we are looking for all kinds of ways to satisfy those desires ... and in the end ... if we are honest enough ... we realize that we were looking for satisfaction more than for love.
But it's really annoying to play this game of defining ... be honest ... and realize the real truth.
And is even more annoying if you had been hypothesized for weeks, or months ... of a person that looked as a god ... seeing in that relation the absolute perfection.
Today i believe Arij is right with her thinking.

I saw many couples that ended this way, because the real intention from the early beginning was satisfaction ... not real love.
But the blindness itself existed.
Today i should write with Arij a new book called "Awakening can be obtained at the end of a love story" ... explaining the mistake we do and how we should .. at least ... keep the right balance between love and satisfaction.
But remember ... what we write is not the absolute truth ... cause we only write of the different types of influence from life.
Is the way we see the whole story and we only share with you those ideas ... believing that our life experiences will help you act better on the stage of life ... when you will be in this position.

Readapting to any scenario ... the greatest power a human being can have

Today was a total mess ... the whole day.
From the morning till the night.
In the real life, i am involved in the renting business ... so i lost few contracts and also the chance to sign a new important contract.
Was kind of a day that could be defined as a worst case scenario .. that really happened ... cause i never lost so many contracts in one day.
So ... i was not under good energies ... but i realized why.
I was not under the right influences from the people from my life and sometimes, having old statistical datas about the connection between the influences that come from the people around my soul ... i somehow understood why it happened.
But ... you know what?!
I smiled ... and i am still smiling even now.
I studied a little bit the renting prices and i realized i can get an increase of 10 to 25 % more at the new contracts that i will sign from now.
So actually what i saw as a disaster in the morning ... it's actually a big opportunity in the night.
Someone repeated me today few times ... as at every new situation that appears as a new disaster to reply ... "It's ok!" ... and i did it ... and i even smiled.

INFLUENCING AND BEING INFLUENCED
... a non ending story

I am usually optimistic ... and i saw ... from empiric experiences kept in my mind as statistical datas ... that every time something bad happens it usually becomes the reason why new opportunities appear in my life.
So in the end even the bad influences that fuck my energies and all around me ... are good.
I decided to embrace anything happens ... cause i know everything happens for a reason ... even if i can't see the reason now.
I told to myself that readapting to any scenario ... is the greatest power a human being can have.
... and that is not a cliche ... but simple rules of life that i see how they happen all the time.
But what i can't understand is why i keep my connections opened with all those people from my life ... that have a negative impact on my energetic field.
I could just totally disconnect from them and decide to have around me only people that have a positive influence over my life.
Is a simple decision ... but even if i don't realize why i act in the way i act .. if i understand the dance of energies ... and how it works ... i haven't decided yet to keep in mind what my intuition is telling me to do.
Till then ... i just readapt to any new scenario.

It's not that you have a soul ... you are a soul ... so you should pay more attention at your priorities

Communism tried to make people look equal ... but we can't be equals, because we are different.
So ... communism failed, even if they tried for such a long time ... and even if they still exist.
Nazism tried to explain to us before and during World War II, that they were superior and the rest of people from the world were inferior.
But being different is quite ok ... even if nazism and communism could not understand that.
And i wonder myself why the theoreticians behind those 2 powerful doctrines ... never thought to consider we are in fact ... souls.
And why we should be declared equals ... or even worst ... superior and inferior?!
I somehow believe that both theories were wrong ... cause souls are ... different ... and have in fact that ... uniqueness, that only a soul can have.
But the bad part is that we believe we have a soul ... not that we are a soul.
The soul became something ... auxiliary.
And this is the reason why we don't pay attention to it ... even if is so damm important.
On the list of priorities we never find ... the soul and if it happens to find it ... is the last on the list ... which is actually quite ridiculous.

But we continue life as that and we spend our lives doing only what we have to do and not what we love to do.
We cannot influence life in any way ... cause in fact we just can't believe we are souls.
So many doctrines in philosophy, spirituality, religion ... that it becomes natural that we don't know anymore what to believe.
Communism and nazism were just playing an important role in the recent history ... but today we live in democracy and is even worst.
The neighbors, the friends ... even the people we meet for the first time have huge influence over our lives ... telling us what to think and what to believe.
They are not great theoreticians ... as the nazy, communists and many others, but only simple people that influence us ... without even bothering to ask us if we agree or not.
Why?!
Well ... we are too silly to understand that it's not that we have a soul ... but we are a soul ... so we should pay more attention at the list of priorities and ask first the inner self.

Addictions ... as drugs ... just ruin people

Let's say that ... i had the chance in the last years to meet people that were taking different kind of drugs and it was funny to listen to them ... while explaining that i simple don't understand the beauty and the importance of this habit.
I did not defined them in any way.
Also ... i did not offend them ... not even as a joke.
I was just listening ... and trying to understand the meaning of all that.
What i saw at marihuana is that ... all of them call this a therapeutic treatment ... and again i was told that i am not able to understand ... because i never smoked.
On the other hand ... i realized one thing ... to understand life we need to taste it and experience everything ... including immoral things.
I wrote about this many times, and i also know that great yogins are using drugs for meditation, but i am coming from a generation that was addicted to something else ... alcohol.
And i experienced it many, many times till the day when i saw that the alcohol is influencing my decisions too much ... and i stopped.
One day ... on a 1st of January i just eliminated this addiction from my life.
Last year i met a guy, about 35.
We were interacting a lot.
He was drinking about 5-6 bottles of beers a day ... but as long as he was only drinking was quite an ok guy.

Then he had the chance to double his income ... and replaced beer with marihuana.
We were speaking many times about the philosophy of life and he was quite good on defining that.
After starting to use drugs, he was daily explaining me that i will never understand philosophy unless i will become addicted as him.
I was smiling ... just to not reply with an offense back.
He started to be totally chanced.
I remember how he was when he was daily drinking 5-6 beers a day and how he is today, after taking drugs.
He actually became ... a ruin ... totally destroyed mentally.
A smart guy, beautiful as soul ... just became a ruin that probably will never reborn again.
I decided to even stop saying him anything at all about the mistake he is doing, cause he already sees me as an enemy ... but i will just close this connection.
Is useless to have around me a person as him, cause 100% an influence will come from his side ... and not a good one.
So ... should we drink alcohol?!
Should we take drugs?!
Should we have other strong addictions?!
Well ... yes ... drink alcohol ... taste drugs of any kind ... experience anything illegal and immoral ... but do it just as an experience ... not as an addiction.

Impossible to get rid of an amazing pleasure ... or should we name this the poem of our emotions?! ... a real story

In the past i used to write about love, love stories and everything was related with the subject.
I've got lots of emails during the time .. but i remember that once a guy wrote me something interesting regarding the influences that come from the partners we have in life.
The guy was married ... but a very beautiful lady, that he knew by a long time, wrote him and made him understand that she wants to have a love affair with him.
He could not believe it.
That amazing beautiful lady wanted him ... so he totally forgot that he was married.
But something weird happened.
Every time he was meeting her ... even if it was amazing ... 5 minutes after he was leaving he was receiving an unexpected bad news.
First time he believed it was a simple coincidence ... second time, the same ... but after a while he realized it was a 99.99% chance as something bad to happen if he was meeting her.
He understood the things with the energies, but his wife did not found out ... so he continued the game for months.
It was like the meeting with the Devil, but the devil was an amazing lady ... and he did not wanted to stop seeing her.

INFLUENCING AND BEING INFLUENCED
... a non ending story

The guy was writing me, asking for an advice about how he can stop this bad influence that comes after meeting the lady.
He knew what an energy field was ... and he understood everything is related with the connections between the human beings.
The problem was that the lady was so beautiful ... that he was balancing all the time between her and avoiding problems.
Her negative impact was visible right away, but what the guy was not seeing was that not the lady was a negative person ... but the connection itself was a negative connection.
As long as they were only chatting as friends everything was quite ok ... but when they were meeting for continuing their story as sex mates ... that was not bringing good influences in their lives.
And it is the same with many relations that we have ... it's just the fact that the common path is not of positive impact on us.
Those persons might be ok ... but we need to understand what the Universe is whispering ... and that is ... you just have different directions you should follow.

Don't give so many options ... it will become confusing

I've been born in a communist country ... and the funny thing is that what i remember about that time is that ... we had only one type of chocolate, one type of beer, one type of car ... the buildings with apartments were looking the same all over the country so basically there was nothing to choose.
Today i go with my little son in the super market and he has the option of 25 to 35 types of chocolate.
It takes 5 minutes for him to decide what to buy ... and he totally dislike the type of chocolate from my time.
Some smart guys, reinvented the brand and the chocolate of my childhood in still in the supermarket, but now is just an option from many other options.
When i tell my little son that i had no options of other chocolates ... he just can't believe it, but the simple fact that he is not able to choose right away ... made me realize that having so many options ... is not really a good option.
There are people that even when they are in front of 2 options they become so undecided ... that their lives just go on hold on mode.
When they have more than 5 options ... their minds become frozen.
In front of the decision they have to make ... even like a kid that has to choose between 25 to 35 types of chocolates ... the influence of indecision ruins their vibes.
Nazism gave probably no option to the people.
Communism ... in many cases ... only one option.

But nowadays ... when we live in a free world, having so, so many options ... everything becomes confusing.
I saw people that looked so damm unhappy ... that they could not decide which type of BMW or Mercedes-Benz they should buy.
I saw people that could not decide if they should choose Thailand or Maldives when they had to go in vacation.
But i also saw people that not knowing what to choose ... they bought also the Mercedes-Benz, but also BMW ... and also people that love to travel and from the vacation of 2 weeks in Thailand ... they went directly in Maldives.
And i also saw men that wanted to divorce because they were in love with the mistress and after a month with the mistress ... realized that the wife was not such a bad option.
Then they came back ... and one month later they left one more time at the mistress.
Today ... i realize that the influence of all the thoughts that we have in our mind when we are in front of too many options ... is just overwhelming.
So ... whatever you do ... don't give so many options ... it will become confusing!

Addiction for dreaming ... a good or a bad habit?! ... or maybe we are too much influenced by our emotions.

I've been tasting myself ... same as any other human being ... many, many addictions.
One of them was the addiction of dreaming and i realized it existed in my life only when a new friend told me that he had this addiction.
Now i am wondering myself if this is a good or a bad habit ... and don't really know which is the answer.
But what is funny is that i somehow got everything i dreamed in life.
I read a lot about the law of attraction and it influenced me a lot in a good way ... the simple fact that i knew how to dream with my eyes opened.
So ... i got everything i wanted, but forgot to mention you that none of all those dreams that became true ... gave me the pleasure of feeling that i enjoy life.
I had lots of dreams and goals ... but never thought that the only real purpose that i should have in life ... is actually enjoy the present moment.
In fact ... i dreamed so much in my life that i just missed the chance to enjoy the life itself.
Today ... i should redefine a little bit my behavior and ask myself before i start fo follow any dream and the path to it, i would ask myself if it really worth it.
If the answer is no ... i will just forget about the dream.

I also believe that many of our dreams ... should be actually named desires and we should not let ourselves be influences so much by our emotions.
For example you could dream for a Lamborghini or a Rolls-Royce, but does it worth to pay so much money for one?!
You could just rent one for few days and enjoy the pleasure of temporary having it ... because anyway everything is temporary.
Well ... what i want to say is quite simple.
Many times we confuse the addiction of dreaming with the non ending need of satisfying illusory desires.

We only have few real important dreams in live that really worth the effort of sacrificing us ... but we need to analyze and define better what is a dream and what is a desire.